



People inc.

*Building Futures
Realizing Dreams™*

2016 COMMUNITY ASSESSMENT

People Incorporated of Virginia conducts an annual assessment to determine the needs and resources of the communities that it serves.

This document presents the updated community assessment findings.

**OUR MISSION:
TO PROVIDE OPPORTUNITIES FOR
ECONOMICALLY DISADVANTAGED PEOPLE TO
REACH THEIR GOALS IN ORDER TO ENHANCE
THEIR LIVES, THEIR FAMILIES, AND THEIR
COMMUNITIES.**

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EXECUTIVE SUMMARY

People Incorporated is the Community Action Agency serving 13 counties and 3 cities in Virginia. As part of its mandate, and in order to provide the best and most comprehensive anti-poverty services, the agency undertakes a major triennial Community Assessment, which is updated in each of the subsequent two years. The findings from this Assessment are used to inform the agency's selection and delivery of services in each community it serves. In addition, People Incorporated widely shares the Community Assessment across its communities, enabling many non-profits and local governments to utilize this comprehensive analysis of local needs and resources. This 2016 Assessment is the first update to the 2015 Triennial Assessment.

This Community Assessment contains a detailed analysis of each of the three regions in which People Incorporated is designated as communities' Community Action Agency: Southwest Virginia, the Northern Piedmont and the Northern Shenandoah Valley. These distinct regions share many common needs, particularly among low-income individuals and families, but there are significant differences as well, particularly in the depth of individual communities' needs across the common domains of their economies; poverty; employment; education; housing; health; substance abuse; children with disabilities; Head Start and other early childhood education, child care and family support services.

This assessment utilizes a wide variety of data sources: up-to-date statistical data from U.S. Census, Bureau of Labor Statistics, and other similar sources; information gathered from other needs assessments done within the service area; multiple surveys; client focus groups and key informant interviews. This combination of quantitative and qualitative information yields a rich harvest of actionable data on the needs and resources of the communities comprising People Incorporated's service area.

CONCLUSIONS

The Board of Directors of People Incorporated met in retreat March 5-7, 2016, studied the draft Community Assessment and came to the following key findings: housing, employment, economic development, education and health and dental care can be categorized as both causes and conditions of poverty, and continue to dominate the needs identified by individuals and data across the three service regions.

Quantitative data supports this qualitative finding; both federal and state-level data demonstrate:

- un- and underemployment;
- high to very high housing cost burdens;
- high percentages of children not ready for kindergarten;
- high poverty (including very high percentages of children eligible for free and reduced school meals); and
- poor health and dental outcomes.

It is critical to note the substantial impact of the substance use disorder epidemic on all of these issues, and work collaboratively with the departments and agencies directly addressing this problem.

KEY REGIONAL FINDINGS

Southwest Virginia

People Incorporated's Southwest Virginia (SWVA) service area—Buchanan, Dickenson, Russell, and Washington Counties and the City of Bristol—encompasses 1,895 square miles and is the most rural of all of the service areas. Buchanan County and the City of Bristol exhibit the highest poverty rates, while Buchanan and Dickenson Counties have the lowest income levels in this area, though the region overall exhibits some of the highest indicators of need in the Commonwealth of Virginia:

- Unemployment ranges from 4.2% to 10.6%, versus Virginia's 3.9%;
- Housing cost burdened households (paying more than 30% of their income for housing) range from 21% to 29.6% of the overall population;
- Children not ready for Kindergarten average continues at 14% of enrolling students; and
- 58% of students in the region qualify for free or reduced price lunch.

The Board of Directors has therefore prioritized the top four needs that the agency plans to address in this region as:

1. Un- and underemployment;
2. Housing;
3. Early childhood education; and
4. Poor health and dental outcomes.

People Incorporated will address these needs through a wide variety of programs, services and advocacy, including: workforce training; business and economic development; housing services and development; child and family development services; and health and dental services, referral and advocacy. The substance use disorder epidemic has a substantial impact of the on all of these issues, and People Incorporated staff will work collaboratively with the departments and agencies directly addressing this problem.

Northern Shenandoah Valley

Clarke, Frederick, Page, Shenandoah, and Warren Counties are nestled between the Blue Ridge Mountains and the Massanutten Mountains in the Northern Shenandoah Valley (NSV) region of Virginia. While this area is geographically smaller than its Southwest Virginia counterpart, the population is higher, and continues to increase annually. Page, Shenandoah and Warren Counties continue to exhibit the highest poverty rates and lowest income levels in this area, but the region overall exhibits more economic diversity and indicators of need are closer to the averages across the Commonwealth of Virginia. Some of these community-specific indicators are:

- In Page, Shenandoah, and Warren Counties, children not ready for Kindergarten average continues at 17%;
- 51% of students in Page County qualify for free or reduced price lunch, an increase of 11% from last year;
- Unemployment in Page County averaged 8.1% in 2014, compared to the Virginia average of 5.2%;
- Housing cost burdened households range from 28% to 32% of the overall population

The Board of Directors has therefore prioritized the top four needs that the agency plans to address in this region as:

1. Housing;
2. Un- and underemployment;
3. Poor health and dental outcomes; and
4. Feeding and nutrition needs.

People Incorporated will address these needs through a wide variety of programs, services and advocacy, including: business and economic development; housing services and development; and research, referral and advocacy, particularly around the needs of health, dental and feeding/nutrition. The substance use disorder epidemic has a substantial impact of the on all of these issues, and People Incorporated staff will work collaboratively with the departments and agencies directly addressing this problem.

Northern Piedmont

The Counties of Culpeper, Fauquier, Rappahannock, and Prince William, along with the Cities of Manassas and Manassas Park are the most urban of People Incorporated's service areas. This area extends over a relatively compact 1,262 square miles, but the population in this region is four times greater than the Southwest Virginia region and almost three times greater than the Northern Shenandoah Valley. The population in this region also continues to experience the most growth of all service areas, increasing from 2013 to 2014 more than 2%, a three year recurrence. The poverty rate is a less useful measure in this region than the Cost of Living Index; according to the Weldon Cooper Center at the University of Virginia, "percentages below the federal poverty line fail to present a full picture of households facing economic risks...does not reflect variation across the state and within communities ... [and] reports only one element of household economic security."

- City of Manassas exceeds the state rates for poverty within every category except for seniors 12.3% all ages, 17.2% ages 5-17, and 21.3% in children under 5;
- 44% of students in the region qualify for free or reduced price lunch;
- Housing cost burdened households range from 28.5% to 40% of the overall population, a slight decrease; and
- Across the region, children not ready for Kindergarten average 17.6%, a decrease of over 1% from the previous assessment.

The Board of Directors has therefore prioritized the top four needs that the agency plans to address in this region as:

1. Housing;
2. Un- and underemployment;
3. Feeding and nutrition needs; and
4. Poor health and dental outcomes.

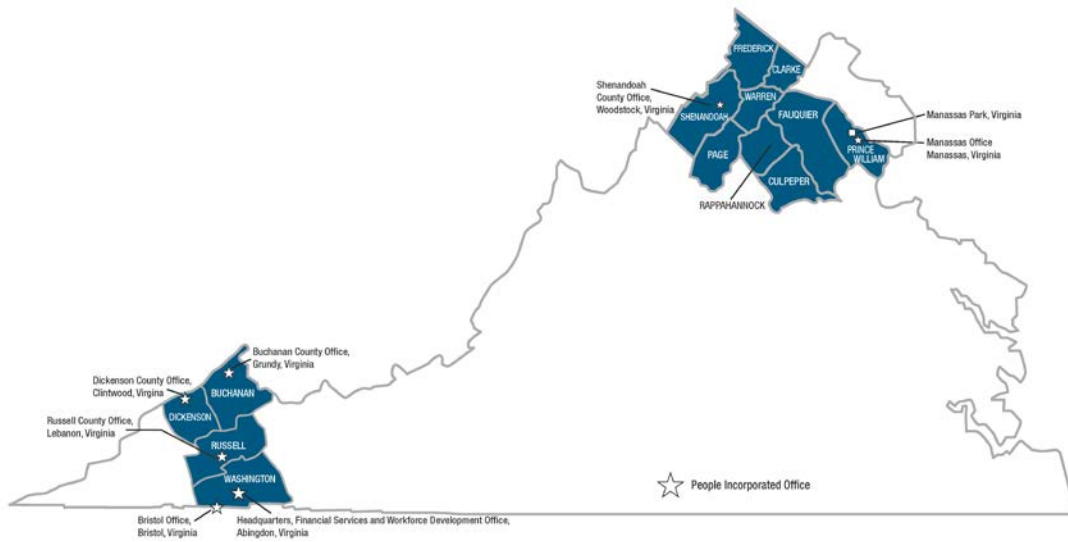
People Incorporated will address these needs through a wide variety of programs, services and advocacy, including: housing services and development; business and economic development; and research, referral and advocacy, particularly around the needs of feeding/nutrition and health, dental. The substance use disorder epidemic has a substantial impact on all of these issues, and People Incorporated staff will work collaboratively with the departments and agencies directly addressing this problem.

As a Community Action Agency, People Incorporated is charged with fighting both the *causes* and the *conditions* of poverty. This Assessment contains significant information on both of these areas, broken out by region, along with a listing of other resources that address these needs in communities. People Incorporated is committed to providing opportunities for economically disadvantaged people to reach their goals in order to enhance their lives, their families and their communities.

OVERVIEW AND ASSESSMENT METHODOLOGY

People Incorporated of Virginia offers 27 programs and services in five component areas: Child and Family Development, Community Economic Development, Community Services, Housing, and Workforce Development. The agency serves 13 counties and three cities: Buchanan, Dickenson, Russell, and Washington Counties, and the City of Bristol in Southwest Virginia, and Clarke, Frederick, Page, Shenandoah and Warren Counties in the Northern Shenandoah Valley, and in the Northern Piedmont, Culpeper, Fauquier, Prince William, and Rappahannock Counties as well as the Cities of Manassas and Manassas Park. Headquartered in Abingdon, Virginia, People Incorporated operates seven offices, nine Head Start/Early Head Start centers, one child care facility, a supportive housing facility, two domestic violence shelters and 578 affordable housing units, employing almost 240 local individuals and generating an economic impact of over \$76.6 million in FY2015.

FIGURE 1: PEOPLE INCORPORATED OF VIRGINIA SERVICE AREA



This assessment utilizes a wide variety of data sources: up-to-date statistical data from U.S. Census, Bureau of Labor Statistics, and other similar sources; information gathered from other needs assessments done within the service area; surveys of community members and clients (N=255), Board members (N=22), partner agencies (N=13) and staff (N=90); 13 client focus groups and key informant interviews, including area Planning District Commissions, Offices of Social Services, Tourism and Small Business offices.

Much of the agency’s success can be attributed to its ability to identify and respond to the needs of the communities that it serves. This community assessment will not only be used to determine Head Start and Early Head Start goals, but it will help the agency prioritize the needs of low-income populations within People Incorporated’s service areas.

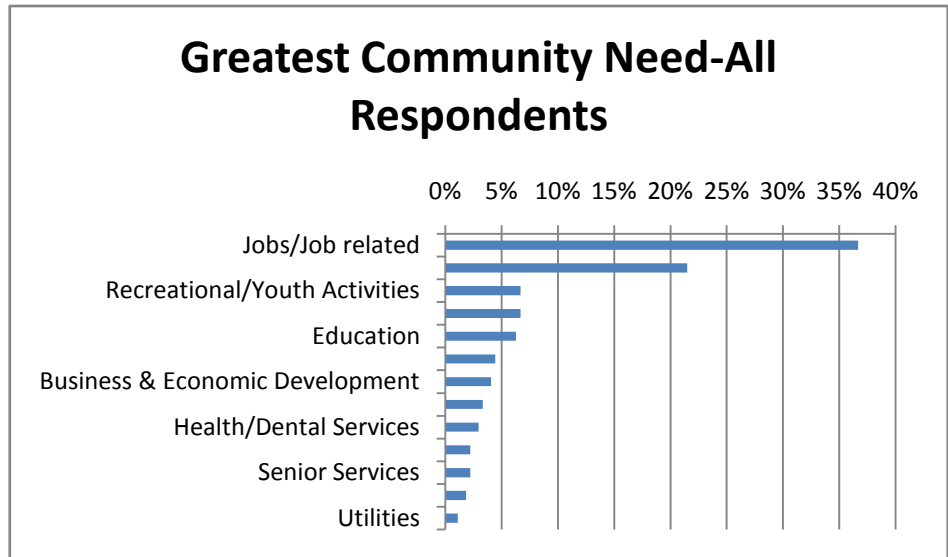
COMMUNITY INPUT

As noted in the Overview, People Incorporated of Virginia utilized a wide variety of data sources for this Assessment, including surveys in 2015 of community members and clients (N=255), Board members (N=22), partner agencies (N=13) and staff (N=90); 13 client focus groups and key informant interviews. For this 2016 Assessment, numerous meetings were held with partner agencies, particularly in the agency's newer service areas in the Northern Piedmont region, to assess both needs and resources in those communities. This information largely supported the statistical and demographic information, while highlighting critical needs at the local community level. The identified needs varied across the three regions served by the agency only insofar as the relative ranking of needs; the iteration of those needs was very similar. These needs identifications will be broken down by region in the following sections of this assessment.

SURVEY SUMMARY - ALL SERVICE AREAS

Focus groups and key informants reiterated the critical need for more and better-paying jobs in the communities, followed by the need for clean, safe and decent housing affordable for low-income people:

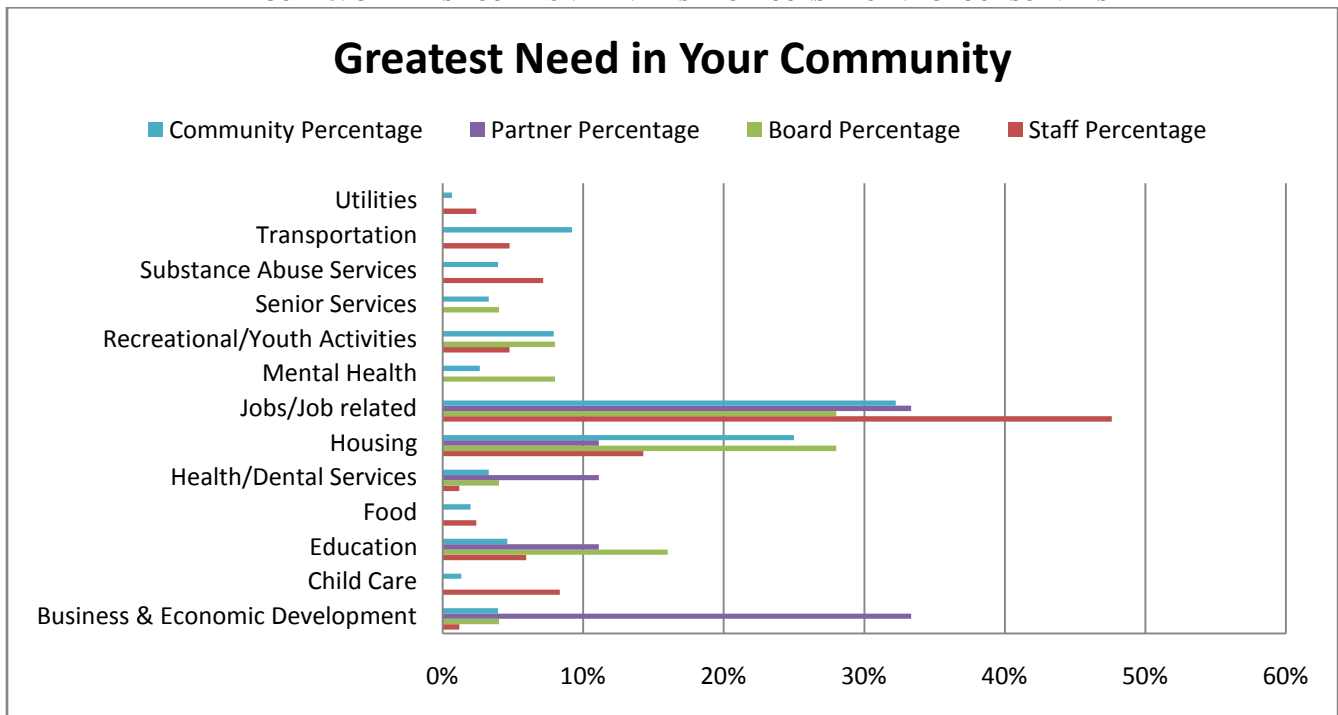
FIGURE 2: GREATEST COMMUNITY NEEDS FROM COMBINED CONSTITUENT GROUP SURVEYS



While affordable health and dental services were a mid-range priority overall, these services ranked third among families identifying their single highest need

(please see figure 4). Partners ranked the need for business and economic development equal to the need for more and better jobs, clearly relating these two needs:

FIGURE 3: GREATEST COMMUNITY NEEDS FROM CONSTITUENT GROUP SURVEYS



Families echoed the overall priorities of need in their survey responses when asked about their individual family's greatest need, as shown in figure 4:

Client focus groups substantiated the survey findings; jobs and housing needs dominated the conversations. Focus groups also highlighted nuances of need in small geographic regions. In particular, client and community groups in Grundy identified the almost complete lack of dental services and child care, while people in the Glade-Marion areas articulated a need for services to address their need for safe drinking water in an area where individual water often comes from springs, rather than well or municipal water systems.

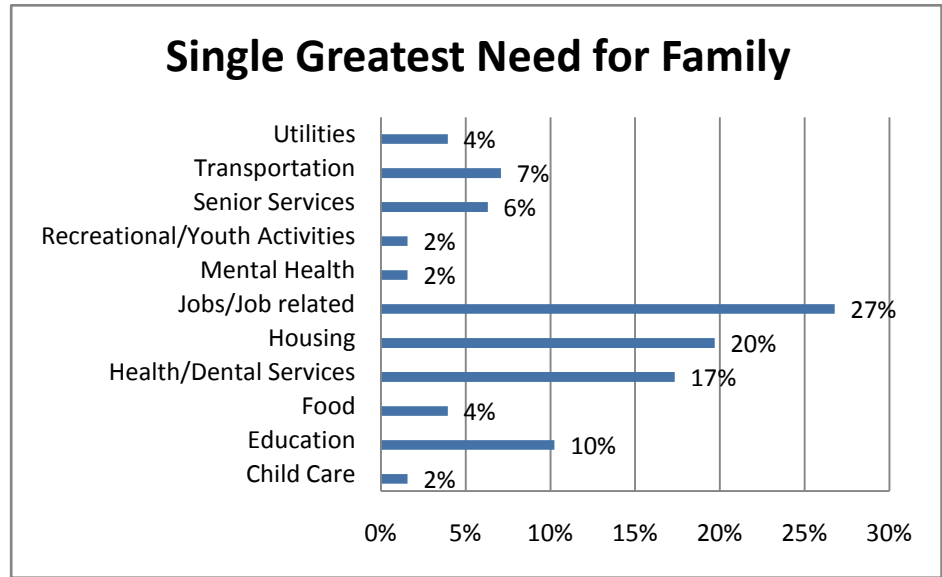


FIGURE 4: FAMILIES' GREATEST NEEDS

Board members of People Incorporated were also surveyed, and they identified the same key priorities, with education rising to the third most identified need, as shown in the Figure 5 below:

FIGURE 5: PEOPLE INCORPORATED BOARD MEMBER SURVEY RESULTS

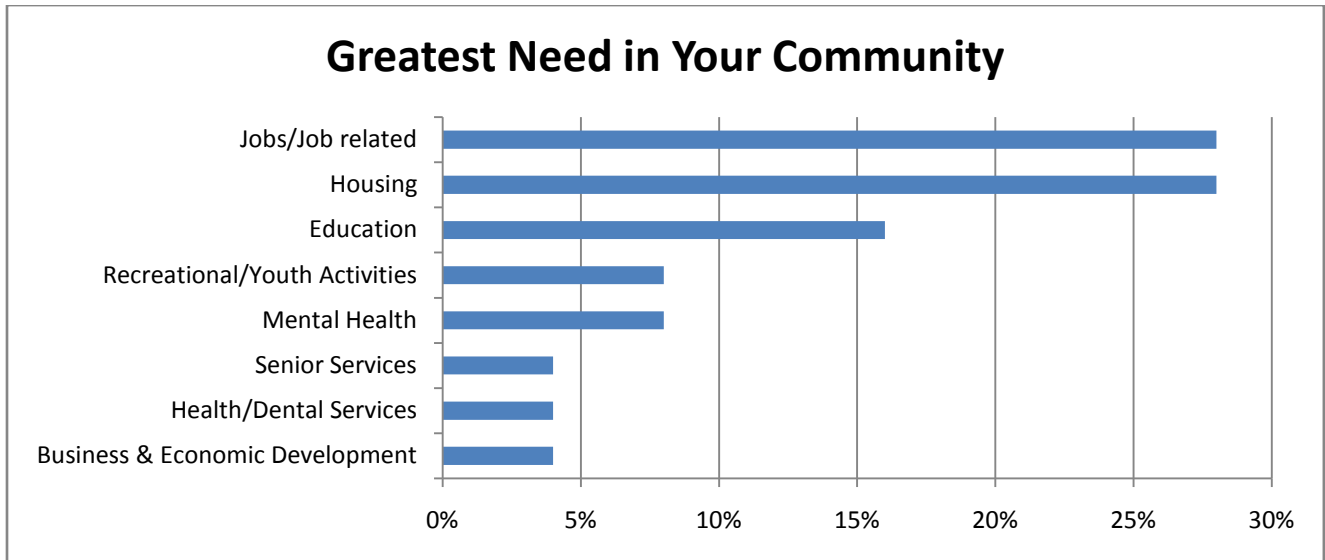
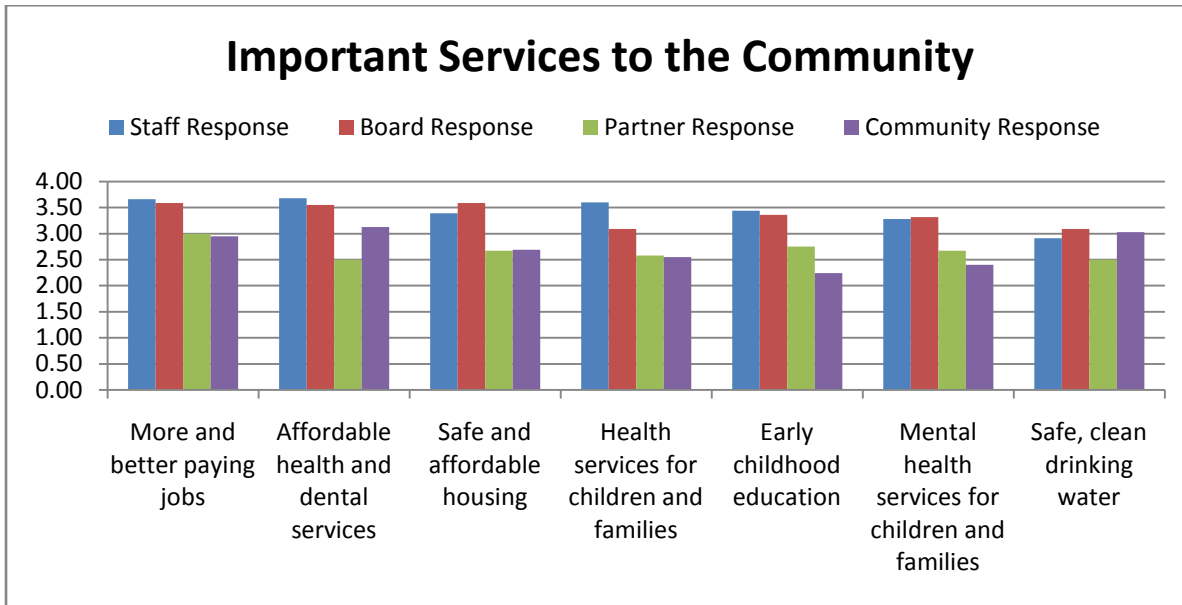


FIGURE 6: IMPORTANT SERVICES TO THE COMMUNITY



The surveys were designed to ask respondents to consider their needs, their communities' greatest need, and then asked to rank the importance of various services in their communities. Figure 6 below identifies the seven most important services to communities, as identified by each of the four constituent groups surveyed. These key needs reflect the same overall priorities that have been identified by other survey questions, by focus groups, and by key informants.

COMMUNITY PROFILES

SOUTHWEST VIRGINIA

People Incorporated's Southwest Virginia (SWVA) service area consists of Buchanan, Dickenson, Russell, and Washington Counties and the City of Bristol. In the 2015 assessment, the service area population had decreased slightly by 0.01%. Since then, this area decreased another 0.2%.

Approximately 138,350 individuals live in this region, the most rural of People Incorporated's service areas.¹ This region's population remains mainly white and predominately English speaking.² The most racially diverse jurisdiction continues to be the City of Bristol, with a 91% white and 6% African American population. The rest of the Southwest Virginia service area population ranges from 96% (Buchanan) to 99% (Dickenson) white.³ This has been consistent over the past several years in the SWVA areas. For all other races, the area has approximately 1.5% throughout the region.

¹ U.S. Census Bureau. 2014 Population Estimates. Last retrieved February 2016 from <http://www.census.gov>.

² U.S. Census Bureau. 2010-2014 American Community Survey 5-Year Estimates. Last retrieved February 2016 from <http://www.census.gov>.

³ Ibid.

TABLE 1: SWVA SERVICE AREA POPULATION⁴

Jurisdiction	Population, 2013	Population, 2014	% change 2013-2014
Buchanan County	23,920	23,106	-.3%
Dickenson County	15,749	15,308	-.3%
Russell County	28,646	28,023	-.2%
Washington County	54,804	54,729	0%
Bristol	17,713	17,184	-.3%
Total	140,832	138,350	-.2%

Economy

Southwest Virginia is predominantly rural and has an abundance of natural resources—coal, natural gas, timber, and mineral deposits—that have for decades collectively existed as the region’s economic base. Coal mining has been particularly important to the regional economy, as this industry was the major employer and source of local revenue for decades. Coal mining remains the largest employment sector in the county of Buchanan.

TABLE 2: INDUSTRY EMPLOYMENT DISTRIBUTION 2ND QUARTER 2015 – SOUTHWEST REGION⁵

Industry Sector	City of Bristol	Buchanan County	Dickenson County	Russell County	Washington County
Accommodation/Food Services	1,856	302	177	544	1,750
Retail	1,524	732	402	870	2,946
Manufacturing	1,437	not provided	not provided	430	3,766
Health Care/Social Assistance	806	773	459	1,118	2,809
Public Administration	736	700	346	461	1,031
Wholesale Trade	528	not provided	not provided	not provided	679
Education	433	825	511	not provided	not provided
Construction	458	435	209	689	623
Mining	not provided	1,328	908	303	not provided
Professional Scientific/Technical Services	not provided	not provided	220	661	578
Transportation/Warehousing	not provided	305	162	not provided	1038
Admin., Support, Waste Management, Remediation	not provided	399	not provided	368	not provided

Southwest Virginia continues to exhibit the highest poverty and unemployment rates and the lowest household incomes and educational attainment levels in the Commonwealth of Virginia. The varied geography of Southwest Virginia presents diverse challenges and opportunities to economic development and service delivery. Rural economies have historically been dependent upon agriculture or manufacturing industries, with Southwest Virginia being particularly dependent on the coal mining

⁴ Ibid.

⁵ Virginia Employment Commission, *Summary Area Profile 2015*.

industry. Additional impediments to economic development and progress in the regions include the lack of infrastructure and resources, population out-migration, and a discernible lack of assets and savings.

Despite periods of progress, many of the regions and populations that are served by People Incorporated do not enjoy the same economic vitality and opportunities as the rest of the country. These disinvested regions continue to battle concentrated pockets of high poverty, low per capita income, low educational attainment, and geographic isolation—all factors which stifle economic development. As a result, personal income levels (and asset accumulation) throughout the target markets are lower than in most metropolitan areas; these lower incomes mean less market potential, less density of disposable income and fewer wealth-building opportunities.

Buchanan and Dickenson Counties exhibit the highest poverty rates and lowest income levels in Southwest Virginia. Both of these counties have continually depended upon the coal mining industry as a major source of employment. The coalfields are typically more rural and mountainous than other Southwest Virginia localities and have limited access to primary highways. The high unemployment rates and dependency on mining and manufacturing employment continue to be a challenge to self-sufficiency and stability due to existing mine and plant downsizing.

Asset-based development continues to be an important economic development tool for Southwest Virginia. The region's scenic beauty, cultural heritage, and recreational opportunities have given rise to a growing tourism industry. Most localities engage in some form of tourism development; bed and breakfasts, wineries, multi-use trails, campgrounds, guided tours, and other tourism-related businesses flourish throughout the region. As can be seen in the table above, food services and retail are among the top employment sectors for many of the southwestern Virginia localities.

People Incorporated's service delivery approach continues to focus on identifying strategies and viable initiatives that incorporate each locality's strengths. This, in turn, helps create substantial and sustainable economic improvements throughout the service areas.

Poverty

Year after year, the Southwest Virginia service area has the highest poverty rates in People Incorporated's service areas as seen in the table below. All areas within the SWVA service area are above Virginia's poverty rates. In previous assessments, the counties of Buchanan and Russell and the City of Bristol have had double the poverty rates of Virginia, and this year is no exception. The City of Bristol has double the percentage of children in poverty (ages 0-17) in comparison to Virginia. Approximately 6,478 children under the age of 17 in the SWVA service area live in poverty.

TABLE 3: POVERTY IN SOUTHWEST VIRGINIA⁶

Jurisdiction	All Ages		Ages 0-17	
	Number	Percent	Number	Percent
United States	47,755,606	15.6%	15,907,395	21.9%
Virginia	914,237	11.5%	279,359	15.2%
Buchanan County	5,427	24.0%	1,689	41%
Dickenson County	3,080	20.2%	875	27.5%
Russell County	5,249	18.7%	1,276	22.8%
Washington County	6,576	12.3%	1,521	14.5%
Bristol City	3,369	19.6%	1,117	31.4%

Unemployment

The 2014 unemployment rate for the U.S. averaged 6.2%⁷ while the unemployment rate for Virginia was 5.2%.⁸ For another consecutive year, all of the counties in the SWVA service area exceed the state average of 3.9%. In comparison to the national rate of 5%, all areas exceed the rate with the exception of Washington County and Bristol. Buchanan and Dickenson Counties have double the unemployment rate for the state. This difference is, in part, due to the layoffs continuing for the main employer, coal mining, in these areas. People Incorporated offers Workforce Investment Act programs (dislocated, youth, and adult) that can assist with job placements.

TABLE 4: UNEMPLOYMENT RATES IN SWVA⁹

Jurisdiction	Unemployment Rate ('14 Avg.)	Unemployment Rate as of December 2015	% Change 2014 – Dec. 2015
US	6.2	5.0	-.19
Virginia	5.2	3.9	-.25
Buchanan County	10.4	10.6	.02
Dickenson County	9.9	10.4	.05
Russell County	8.0	6.2	-.23
Washington County	5.7	4.2	-.26
Bristol	6.4	4.2	-.34

Housing

Finding affordable housing continues to be problem for low-income people in all of People Incorporated’s service areas. The service areas remain burdened by high market rent values and a lack of affordable land for new construction, which makes it difficult for low-income individuals to access decent housing. Further, much of the existing housing stock—including manufactured homes and rental properties—remains older and in substandard condition. People Incorporated continues to address this

⁶ U.S. Census Bureau, American Community Survey 2014.

⁷ Virginia Employment Commission. Community Profiles. Last updated January 2016. Last retrieved February 2016 from <https://data.virginialmi.com>

⁸ Ibid

⁹ Ibid

need through homeownership, new and replacement construction, owner-occupied rehabilitation, manufactured housing development, and developing affordable multi-family rental units. As evidenced in the table below, there is a clear need for affordable housing options.

People Incorporated’s Southwest Virginia service area has an estimated 67,018 housing units—85% are occupied and 15% are vacant¹⁰. In this area, the median house value exceeds what the population can reasonably afford based on the median household income. For example, in Washington County the median household income for this locale is \$43,353, while the median house value is \$134,000. The value for affordability falls at approximately \$133,382¹¹.

“Housing cost burdened” describes households paying more than 30% of their income for housing.¹² The housing cost burden has remained steady as compared to last year with the greatest increase occurring in Dickenson County (2.27%) and greatest decrease in Bristol (1.99%).

TABLE 5: RELEVANT HOUSING STATISTICS FOR SWVA¹³

Category	Buchanan	Dickenson	Russell	Washington	Bristol	Virginia
Total housing units	11,508	7,548	13,439	25,694	8,829	3,403,241
Occupied units	81.7%	82.1%	82.1%	88.9%	87.9%	89.4%
% vacant	18.3%	17.9%	17.9%	11.1%	12.1%	10.6%
% built before 1990	73.6%	72.1%	68.5%	64.2%	84.5%	66.8%
Lacking complete plumbing and/or Kitchen	177	92	103	254	16	31,770
Median house value	\$68,700	\$72,400	\$94,500	\$134,000	\$113,200	\$243,500
Median household income	\$32,083	\$32,103	\$37,378	\$43,353	\$34,099	\$64,902
Per Capita Income	\$18,357	\$17,954	\$20,117	\$25,807	\$20,574	\$33,958
Housing cost burden	24.02%	22.97%	21.17%	25.41%	29.61%	32.64%

During the local January 2016 Point in Time Count, 86 individuals were identified as being homeless or at risk of becoming homeless in the service area. Based on the annualized estimate method from the Virginia Rural Homeless Survey, an estimated 1,118 homeless person events occur will occur in 2016, as calculated based on the Point in Time Count in People Incorporated’s Southwest Virginia service area.¹⁴ This count only includes those that are literally homeless, as defined by HUD, on the night of the count.

People Incorporated offers rental assistance through the Virginia Homeless Solutions Program (VHSP) (previously three different programs: Homeless Prevention Program (HPP), Homeless Prevention and Rapid Re-housing (HPRP), and Emergency Solutions Grant (ESG)). This program provides preventive

¹⁰ U.S. Census Bureau. 2009-2013 American Community Survey 5-Year Estimates. Last retrieved February 2016 from <http://www.census.gov>.

¹¹ As per realtor rules, housing affordability was determined by multiplying the median household income by 2.5.

¹² Housing Virginia. Housing Cost Burden. Last retrieved March 2015 from <http://www.housingvirginia.org>.

¹³ U.S. Census Bureau. 2009-2013 American Community Survey 5-Year Estimates. Last retrieved February 2016 from <http://www.census.gov>.

¹⁴ Koebel, C.T., et al. 2001. *The 2001 Virginia Rural Homeless Survey*. Center for Housing Research, Virginia Polytechnic Institute and State University: Blacksburg, VA.

and rapid re-housing assistance for low-income individuals and households. In FY15, these programs assisted 127 households throughout Southwest Virginia with obtaining and keeping housing. People Incorporated also offers a 12 unit Permanent Supportive Housing program, Kings Mountain, in Bristol, Virginia. Individuals must be chronically homeless and male. This facility assisted 14 men in FY15. As of September 2015, Appalachian Regional Coalition on Homelessness (ARCH) offers the Supportive Services for Veterans Families (SSVF) in Southwest Virginia, which provides the same services for homeless and at-risk of homelessness veterans.

Education

The need for furthering education beyond high school continues to increase. According to Georgetown University's *From Hard Times to Better Times*, college remains very much worth the cost in the post-recession economy for most students: unemployment rates declined for recent graduates in most majors¹⁵. People Incorporated continues to provide programs that address educational issues including Head Start/Early Head Start, Project Discovery, Improving Scholars, and Workforce Investment Act (WIA) for adults and youth.

Within the SWVA rural service area, an average of 77% of the population has received a diploma, GED, or higher level of education. According to the Virginia Department of Education, the dropout rate for the class of 2015 ranges from 2.9% in Washington County to 11.5% in Dickenson County. The average percentage of children not ready for kindergarten throughout the region is 14%. Although this indicates slight improvement from the two previous years (15%), it shows that there is still a need for Head Start and Early Head Start Programs.

TABLE 6: SELECTED EDUCATIONAL STATISTICS FOR SWVA

Jurisdiction	Students Approved for Free or Reduced Lunch ¹⁶	Population w/High School Diploma/GED or higher ¹⁷	Below Kindergarten Readiness Levels (PALS-K) ¹⁸	Dropout Rate, Class of 2015 ¹⁹
SWVA Average	58%	77%	14%	5%
Buchanan County	68.1%	69.0%	16.7%	3.7%
Dickenson County	55.9%	72.6%	10.1%	11.5%
Russell County	55.9%	76.2%	21.1%	4.4%
Washington County	45.9%	83.7%	8.3%	2.9%
Bristol City	64.9%	81.0%	15.3%	3.6%

Health

¹⁵ Georgetown University. Georgetown University Center on Education and the Workforce. *From Hard Times to Better Times*. 2015.

¹⁶ Community Action Partnership. Community Needs Assessment Online Tool. Last retrieved February 2016 from www.communitycommons.org.

¹⁷ Ibid.

¹⁸ Kids Count Data Center. Kindergarteners Whose Fall Pals-K scores were below Kindergarten Readiness Levels. Updated January 2014. Last retrieved February 2016.

¹⁹ Virginia Department of Education. Division-Level Cohort Report, Four Year Rate *Class of 2015*. Last retrieved February 2016 from <http://www.doe.virginia.gov>.

As of 2015, around of adults fall within the coverage gap in Virginia.²⁰ In these areas, there are 40,246 people receiving Medicare²¹. As seen in the table below, the U.S. Department of Health and Human Services has designated several areas throughout People Incorporated’s service areas as lacking either health providers and/or dental health professionals.

TABLE 7: SWVA HEALTH RELATED STATISTICS

Jurisdiction	Children under 19 uninsured in 2013 ²²	Shortage of Health Care Providers (HPSA) ²³	Shortage of Dental Professionals (DHPSAs) ²⁴
SWVA Average	5.9%		
Buchanan County	6.3%	Yes	Yes
Dickenson County	6.4%	Yes	Yes
Russell County	6.0%	Yes	Yes
Washington County	6.5%	Yes	No
Bristol City	4.3%	No	No

A prominent need discussed through the focus groups conducted in 2015 within this service area was dental care. Many travel far for health care but many struggle to find dental care that goes beyond extractions. People Incorporated offers a dental clinic exclusively for Washington County residents that are referred from the local Department of Social Services. Unfortunately, the only service offered is extractions.

According to County Health Rankings, Buchanan County is rated as one of the least healthy areas, 132 out of 133, in the state. Dickenson County did not fare much better at 130 out of 133. The healthiest county within the area is Washington County and is rated as 82nd.²⁵ This is an improvement from 87th ranking in 2014. The table below details the adults in the region that are considered obese (above 30% BMI). All areas within this region exceed state and national averages for obesity, although the data has not been updated since 2012.

²⁰ The Henry J. Kaiser Family Foundation. *Interactive: A State by State Look at How the Uninsured Fare Under the ACA*. Last retrieved March 2016 from www.kff.org/interactive/uninsured-gap/.

²¹ US Department of Health and Human Services. Center for Medicare and Medicaid Services. Provider of Services File.

²² The Annie E Casey Foundation. Kids Count Data Center. Children under 19 without Health Insurance. Last updated September 2015. Last retrieved February 2016 from <http://www.datacenter.kidscount.org>.

²³ U.S. Department of Health and Human Services. HPSA Shortage areas by State and County. Last updated November 2015. Last retrieved February 2016 from hpsafind.hrsa.gov.

²⁴ Ibid.

²⁵ University of Wisconsin Population Health Institute. County Health Rankings and Roadmaps. 2015. Last retrieved February 2016 from <http://www.countyhealthrankings.org>.

TABLE 8: OBESITY FOR ADULTS AGES 20 PLUS IN SWVA²⁶

Report Area	Total Population Age 20+	Adults with BMI > 30.0 (Obese)	Percent Adults with BMI > 30.0 (Obese)
Report Area	110,088	33,343	30.2%
Buchanan County	19,098	5,634	29.4%
Dickenson County	12,154	3,622	29.8%
Russell County	22,286	6,931	31.0%
Washington County	42,879	13,164	30.6%
Bristol City	13,671	3,992	29.3%
Virginia	6,097,732	1,666,682	27.1%
United States	231,417,834	63,336,403	27.1%

Within Virginia, obesity among low-income, preschool-aged children reached 19 percent in 2008.²⁷ According to the Centers for Disease Control and Prevention²⁸, schools play a particularly critical role by establishing a safe and supportive environment with policies and practices that support healthy behaviors. Schools also provide opportunities for students to learn about and practice healthy eating and physical activity behaviors.

Teenage pregnancy exceeds the state rate of 14.4% in all of the SWVA service areas. Teenage pregnancy rates per 1,000 teens ranges from 19.2% in Washington County to 33.2% in Russell County.²⁹ People Incorporated offers the Comprehensive Health Investment Project (CHIP) within our Southwest Virginia service areas. This program assists with the overall health and education of children by helping vulnerable families improve their self-sufficiency. This program served 164 children in FY15.

Substance Abuse

Southwest Virginia has long had a history of problems with substance abuse. In the last two decades, prescription drug abuse has become a serious problem that troubles many communities in the Appalachian region. Data available from the Virginia State Police’s annual *Crime in Virginia* publication shows that substance abuse has decreased in many of localities between 2014 and 2010. The largest decrease occurs in the City of Bristol (57%), with the largest increases in Russell County (17%) and Buchanan County (79%).

²⁶ Centers for Disease Control and Prevention. Childhood Obesity Facts. Last updated December 11, 2014. Last retrieved February 2016 from <http://www.cdc.gov/healthyouth/obesity/facts.htm>

²⁷ National Institute for Children’s Health Quality. Virginia State Fact Sheet. Last retrieved February 2016 from <http://obesity.nichq.org/resources/obesity-factsheets>

²⁸ Centers for Disease Control and Prevention. Childhood Obesity Facts. Last updated December 11, 2014. Last retrieved February 2016 from <http://www.cdc.gov/healthyouth/obesity/facts.htm>

²⁹ Virginia Department of Health. Division of Health. 2013. Last retrieved February 2016 from <http://www.vdh.state.va.us/HealthStats/documents/2010/pdfs/TeenPregAge13.pdf>

TABLE 9: SWVA SUBSTANCE ABUSE RELATED STATISTICS³⁰

Locality	Drug/Narcotics offenses 2010 Adults	Drug/Narcotics offenses 2010 Juvenile	Drug/Narcotics offenses 2014 Adults	Drug/Narcotics offenses 2014 Juvenile	Increase/Decrease % Adult
Buchanan	91	2	163	0	79%
Dickenson	68	0	30	0	-55%
Russell	110	0	129	5	17%
Washington	198	4	230	6	16%
Bristol	185	3	79	0	-57%

The rate of drug-induced deaths in Virginia is lower than the national average. However, for the 2004-2008 time period Dickenson County in Virginia had the 4th highest rate of drug poisoning deaths in the country, at 53.3 deaths per 100,000 individuals.³¹ Information from the Virginia Department of Social Services Office of Research and Planning has not been updated since the last assessment.

People Incorporated offers Court Appointed Special Advocates (CASA) within the City of Bristol, Washington and Smyth Counties. This program assists abused and neglected children obtain safe, permanent homes. CASA participants are less likely to spend time in long-term foster care and less likely to reenter foster care. This program aided 86 children in the past year.

Children with Disabilities

Table 10 shows that within the SWVA service area, 15% of school age children are disabled in some way. Within the area, Buchanan County has the highest percentage with 17.04% but last year Dickenson County was the highest with 16.71%. This shows a decrease of over 1% while Buchanan County had an increase of over 1%. However, all localities continue to exceed the state rate. This presents many challenges for these families residing in this region.

TABLE 10: SWVA CHILDREN WITH DISABILITIES³²

Jurisdiction	Children with disabilities Pre-K through G12 SY 2015-16
SWVA Average	15.12%
Buchanan	17.04%
Dickenson	15.7%
Russell	13.86%
Washington	14.73%
Bristol	14.24%
Virginia	12.47%

³⁰ Virginia State Police. Crime in Virginia 2014. Crime in Virginia 2010. Last retrieved February 2016 from <http://www.vsp.state.va.us/>

³¹ Executive Office of the President of the United States. Virginia Drug Control Update. Last retrieved February 2016 from https://www.whitehouse.gov/sites/default/files/docs/state_profile_-_virginia_0.pdf

³² VA Department of Education, Students with Disabilities. Fall Membership for the Commonwealth of VA SY 2015-2016. Last retrieved February 2016.

NORTHERN SHENANDOAH VALLEY

Clarke, Frederick, Page, Shenandoah, and Warren Counties are nestled between the Blue Ridge Mountains and the Massanutten Mountains in the Northern Shenandoah Valley (NSV) region of Virginia. Although this area is geographically smaller than its Southwest Virginia counterpart (1,623 square miles), the population is higher—approximately 202,656 people live in these five jurisdictions. The population in this region continues to moderately increase from year to year.

This region is more racially and ethnically diverse than Southwest Virginia, but not as much as the Northern Piedmont region. Within the NSV region, the African American population averages 3.4% and Hispanics and Latinos encompass 4.6% for the region.³³ This is because this area is not as rural as the SWVA service area but not as urban as the Northern Piedmont service area.

TABLE 11: NSV SERVICE AREA POPULATION³⁴

Jurisdiction	Population, 2013	Population, 2014	% change 2013-2014
Clarke	14,348	14,423	+1%
Frederick	81,319	82,377	+1%
Page	23,821	23,848	0%
Shenandoah	42,684	43,021	+1%
Warren	38,699	38,987	+1%
Total	200,871	202,656	+1%

Economy

Because of its geographic location, the Northern Shenandoah Valley is a regional economic hub in the Commonwealth of Virginia. Two Interstates (I-81 and I-66) and several major roads connect Clarke, Frederick, Page, Shenandoah, and Warren Counties to the Washington, D.C. Metropolitan Area, as well as other communities in the Shenandoah Valley and those in northern West Virginia. Please see the following table for the Industry Employment Distribution for these counties:

³³ U.S. Census. 2010-2014 American Community Survey 5-Year Estimates.

³⁴ Ibid.

TABLE 12: INDUSTRY EMPLOYMENT DISTRIBUTION 2ND QUARTER 2015 – NORTHERN SHENANDOAH REGION³⁵

Industry Sector	Clarke County	Frederick County	Page County	Shenandoah County	Warren County
Accommodation/Food Svcs	191	2,244	661	1,380	1,310
Retail	249	3,481	735	1,573	1,597
Manufacturing	597	5,024	626	3,396	976
Health Care/Social Assistance	348	1,952	657	1,483	1,668
Public Administration	224	1,666	371	688	590
Wholesale Trade	--	--	--	--	--
Education	680	3,215	743	1,307	1,537
Other	--	1,641	177	632	784
Construction	279	2,155	288	635	550
Professional Scientific/Technical Svcs	285	--	--	--	--
Transportation/Warehousing	--	2,063	--	618	1,175
Arts/Entertainment/Recreation	--	--	568	--	--

Northern Shenandoah Valley economies are highly dependent upon manufacturing industries, thus many residents from both Frederick and Shenandoah counties are employed in this sector. Over 10,600 people are employed in manufacturing-related businesses.³⁶ As previously mentioned, economic development efforts often focus on industrial or manufacturing recruitment. While these sectors of employment play a significant role in sustaining the economic vitality of the region, small business growth and development is essential to local economies.

The Virginia counties of Clarke, Frederick, Page, Shenandoah and Warren have similar socioeconomic conditions to Southwest Virginia, illustrating high poverty, high unemployment, and struggling economies that are financially underserved and have limited access to capital. Additionally, these localities are subject to higher living costs due to their close proximity to the Washington metropolitan area. Compounding the above barriers to economic vitality, these localities are predominantly rural, which presents a different set of personal and community barriers to both individual and community self-sufficiency when compared to urban communities. These barriers include, but are not limited to, slow or stunted economic growth, geographic isolation, out-migration, lack of public transportation, small markets, and low educational attainment.

According to Table 12, Frederick, Shenandoah and Warren counties have the largest population working in retail, which shows that their greatest industry right now is tourism and cultivating the arts, taking advantage of the travelers from the Washington D.C. metro area coming to the Northern Shenandoah Valley for a short getaway into the mountains. The natural beauty and cultural heritage of the Northern

³⁵ Virginia Employment Commission, *Summary Area Profile 2014*.

³⁶ Virginia Employment Commission. 2011. *Community Profiles: Clarke, Frederick, Page, Shenandoah, and Warren Counties*. Economic Information Services Division: Richmond, VA

Shenandoah Valley attracts thousands of visitors to the region each year. The region is rich with Civil War history and recreational opportunities, including numerous caverns and hiking/biking trails, the Blue Ridge Parkway, and Shenandoah National Park.

Tourism and asset-based development is clearly an important economic tool for both Southwest Virginia and the Northern Shenandoah Valley. The transition from industry-dependent economies and targeted industrial recruitment to a more creative, asset-based economy is producing tangible results as local economies become less dependent upon single industries.

Poverty

In the Northern Shenandoah Valley service area, 20,789 residents live in poverty. Comparing the data in Table 13 to the previous assessment, the region saw an overall small increase in all ages in poverty of approximately 344 residents. While the majority of poverty rates remain relatively stable, there was a marked increase in the Under 5 population living in poverty in Clarke County (from 13.5% in 2013 to 18.7% in 2014). And a total of 11,274 children under age 5 still live in poverty within these five jurisdictions. While it is encouraging that poverty percentages are not increasing significantly across the Northern Shenandoah Valley, Clarke, Page and Shenandoah counties still have higher poverty percentages than the state in almost all age groups.

TABLE 13: POVERTY IN THE NORTHERN SHENANDOAH VALLEY³⁷

State and County	All Ages - 2014		Ages 5-17		Under 5	
	Number	Percent	Number	Percent	Number	Percent
United States	48,208,387	15.5%	10,714,518	20.4%	4,658,187	23.9
Virginia	955,541	11.8%	199,966	15.0%	85,189	16.9%
Clarke County	1,162	8.2%	210	9.3%	139	18.7%
Frederick County	6,233	7.7%	1,526	10.7%	337	7.1%
Page County	3,991	16.9%	786	21.8%	358	30.2%
Shenandoah County	5,114	12.0%	1,137	17.0%	365	15.4%
Warren County	4,289	11.3%	957	15.0%	315	14.1%

Unemployment

Throughout the United States, unemployment rates have been decreasing. The 2014 unemployment rate for the U.S. averaged 6.2%³⁸ while the unemployment rate for Virginia was 5.2%.³⁹ With the exception of Page County, the Northern Shenandoah Valley service area has lower unemployment rates than most of the Southwest Virginia region. Page County has had consistently higher unemployment rates than other localities in this region. However, all of the Northern Shenandoah Valley service area demonstrates a decreased unemployment rate from the 2014 average to the 2013 average.

³⁷ U.S. Census Bureau, American Community Survey 5-Year Estimates 2010-2014.

³⁸ Virginia Employment Commission. Community Profiles. Last retrieved February 11, 2016 from <https://data.virginialmi.com>

³⁹ Ibid

TABLE 14: UNEMPLOYMENT RATES IN NSV⁴⁰

Jurisdiction	Unemployment Rate ('13 Avg.)	Unemployment Rate ('14 Avg.)	% Change 2013-2014
US	7.4	6.2	-16%
Virginia	5.7	5.2	-9%
Clarke County	4.7	4.3	-9%
Frederick County	5.3	4.7	-11%
Page County	9.3	8.1	-13%
Shenandoah County	5.6	5.0	-11%
Warren County	6.1	5.5	-10%

Housing

People Incorporated’s Northern Shenandoah Valley service area has approximately 86,780 housing units. As shown in Table 15, the median house value for this region remains well above the Southwest region’s median house value. The median house value in Page County is \$178,100 while the median household income is \$43,063. The housing affordability for someone with the median household income in Page County would be \$119,840 while median housing value is \$178,100. The housing cost burden throughout the Northern Shenandoah Valley area continues to be slightly higher than Southwest Virginia which, combined with housing affordability, demonstrates the need for more affordable housing in the area. As evidenced by the table below, there is a clear need for affordable housing options in all of People Incorporated’s service areas.

Individuals experiencing a housing cost burden increased in Clarke County and dropped slightly for all other jurisdictions in this service area. Median household income also dropped considerably in Clarke County (-2.7%) and in Shenandoah County (-3.4%).

The 2014 Northern Shenandoah Valley Point-in-Time Count identified 71 homeless individuals in the region⁴¹. People Incorporated partners with a number of non-profit and faith based organizations offering homelessness programs in the Northern Shenandoah Valley.

⁴⁰ U.S. Census Bureau, ACS 2010-2014, retrieved February 2016.

⁴¹ HUD Exchange, <https://www.hudexchange.info/rsourc/4074/2014-ahar-1-pit-estimate-of-homelessness/>

TABLE 15: RELEVANT HOUSING STATISTICS FOR NSV⁴²

Category	Clarke	Frederick	Page	Shenandoah	Warren	Virginia
Total housing units	6,259	31,877	11,620	20,987	16,037	3,403,241
Occupied units	89.8%	91.6%	82%	82.2%	89.3%	89.4%
% vacant	10.2%	8.4%	18%	17.8%	10.7%	10.6%
% built before 1990	66.3%	52.5%	71.9%	69.8%	66.4%	66.8%
Lacking complete plumbing and/or Kitchen	38	345	86	278	114	31,770
Median house value	\$337,700	\$223,300	\$178,100	\$201,200	\$210,900	\$243,500
Median household income	\$75,508	\$68,719	\$43,063	\$47,936	\$60,560	\$64,792
Per Capita Income	\$38,590	\$30,764	\$22,083	\$24,967	\$29,160	\$33,958
Housing cost burden	32.1%	28.4%	29.5%	31.2%	31.4%	32.6%

Education

People Incorporated continues to provide programs that address educational issues including Head Start/Early Head Start, Project Discovery, Improving Scholars, and Workforce Innovation and Opportunity Act (WIOA) for adults and youth.

Educational attainment remains higher in the agency’s Northern Shenandoah Valley service area: 84% of all residents have received a high school diploma or equivalent. The dropout rates for the region also fall below the SWVA average. All areas in this service area are at or below the state dropout rate average of 5.2%. The lowest dropout rate in all of the service areas is within this region (Clarke County 0.6%). The NSV area also has a lower averaged percentage of children not ready for kindergarten (14.2%). As seen in Table 16, the average in the Northern Shenandoah Valley for students approved for free or reduced lunch is at 38%. The amount of children ranges greatly within the region. Clarke County is at the lowest with 20.9%, while Page County has the highest of 51.2%.

TABLE 16: SELECTED EDUCATIONAL STATISTICS⁴³

Jurisdiction	Students Approved for Free or Reduced Lunch 2014-2015	Population 25+ w/Diploma/GED or higher	Below Kindergarten Readiness Levels (PALS-K) 2014-2015	Dropout Rate 2015
NSV Average	38%	84%	14.2%	2.9%
Clarke County	20.88%	86.3%	9.9% (2014)	0.6%
Frederick County	33.91%	86.4%	10.4%	3.5%
Page County	51.19%	75.4%	19.4%	0.7%
Shenandoah County	43.14%	84%	15.5%	2.0%
Warren County	41.17%	85.7%	15.8%	2.6%

Health

Health care in the Northern Shenandoah Valley is a great concern to many local agencies, especially in relation to the accessibility of health care for the elderly population. Again, Page is the county with the

⁴² U.S. Census Bureau, American Community Survey 2010-2014, retrieved February 2016.

⁴³ Virginia Department of Education, School Division 2015

greatest number of issues, mainly due to a shortage of both medical and dental professionals located within the area. The number of children under 19 without health insurance continues to be above the state rate of 5.8% in all counties, according to the U.S. Census Bureau.

TABLE 17: HEALTH RELATED STATISTICS

Jurisdiction	Children under 19 uninsured in 2013 ⁴⁴	Shortage of Health Care Providers (HPSA) 2016 ⁴⁵	Shortage of Dental Professionals (DHPSAs) 2016 ⁴⁵
NSV Average	6.7%		
Clarke County	6.5%	No	No
Frederick County	5.9%	No	No
Page County	6.5%	Yes	Yes
Shenandoah County	7.7%	No	Yes
Warren County	6.9%	No	Yes

Substance Abuse

Certain counties in the Northern Shenandoah Valley mimic socioeconomic barriers faced by the Southwest Virginia service area; however, there has been less positive change in recent years. Virginia State Police crime reports show that the Northern Shenandoah Valley counties show many of the same substance abuse related problems as Southwest Virginia, albeit with the problems being less widespread and more pocketed.

In its 2014-2017 Needs Update, the United Way of the Northern Shenandoah Valley listed that some of the concerns of the community are the crime and substance abuse rates, especially in the area’s youth. Reviewing the NSV’s sharp increase in the number of arrests related to drug and narcotics offenses, there is a great deal of evidence backing up these concerns. In 2010, there were 965 arrests, whereas in 2014 that number had jumped to 1,205, an increase of 25%. Frederick and Page Counties had the highest increases in Adult arrests, at 75% and 73%, respectively, while only Shenandoah County decreased 27%.

⁴⁴ Kids Count, The Annie E. Casey Foundation. Last retrieved Feb 11, 2016 from <http://www.datacenter.kidscount.org>

⁴⁵ U.S. Department of Health and Human Services. HPSA Shortage areas by State and County. Last updated November 2015. Last retrieved February 2016 from hpsafind.hrsa.gov.

TABLE 18: NSV SUBSTANCE ABUSE RELATED STATISTICS⁴⁶

Locality	Adult Drug/Narcotic Arrests 2010	Juvenile Drug/Narcotic Arrests 2010	Adult Drug/Narcotic Arrests 2014	Juvenile Drug/Narcotic Arrests 2014	Increase/Decrease Adult Arrests 2010 - 2014
Clarke	44	4	52	2	+18%
Frederick	250	23	437	20	+75%
Page	64	5	111	9	+73%
Shenandoah	301	20	220	11	-27%
Warren	245	9	333	10	+36%

The Northern Piedmont region⁴⁷ generally posts the lowest numbers in the Commonwealth for child abuse; however, numbers vary throughout the area, with the highest numbers normally occurring in the lower income areas.

Children with Disabilities

Table 19 shows that within the Northern Shenandoah Valley an average of 11.8% of school age children have some disability. Frederick County has the highest percentage at 12.48% but it is still below the SWVA area. The Northern Piedmont Region compares very closely to the NSV in this area. This region compares closely to the Virginia percentage of 12.47%.

TABLE 19: CHILDREN WITH DISABILITIES IN NSV⁴⁸

Jurisdiction	Children with disabilities Pre-K through G12 SY 2015-16
NSV Average	11.8%
Clarke	11.23%
Frederick	12.48%
Page	10.75%
Shenandoah	11.86%
Warren	12.44%
Virginia	12.47%

⁴⁶ Virginia State Police, Crime in Virginia 2014

⁴⁷ Virginia Department of Social Services' Northern region contains the cities of Alexandria, Fairfax, Fredericksburg, Harrisonburg, Manassas, Manassas Park, and Winchester and the counties of Arlington, Clarke, Culpeper, Fairfax, Fauquier, Frederick, Greene, King George, Loudoun, Louisa, Madison, Orange, Page, Prince William, Rappahannock, Rockingham, Shenandoah, Spotsylvania, Stafford, and Warren

⁴⁸ VA Department of Education, Students with Disabilities. Fall Membership for the Commonwealth of VA SY 2015-2016. Last retrieved February 2016.

NORTHERN PIEDMONT REGION

The Northern Piedmont area is very difficult to discuss as a collective region due to its varied demographics and geographical disparities. While People Incorporated’s other service areas may have similar features and common regional demographics, the Northern Piedmont includes densely populated areas, such as Manassas Park (the sixth most densely populated locality in the Commonwealth) and extremely rural areas such as Rappahannock County, with a population density of only 28 people per square mile.

The Counties of Culpeper, Fauquier, Rappahannock, and Prince William, along with the Cities of Manassas and Manassas Park, are the most urban of People Incorporated’s service areas. This area extends over only 1,642 square miles but the population in this region is four times greater than the Southwest Virginia region and almost three times greater than the Northern Shenandoah Valley. The population in this region also has experienced the most growth of all service areas, increasing 2.43% from 2013 to 2014. The fastest growing areas are Manassas and Prince William County.

This region is more demographically diverse than Southwest Virginia and the Northern Shenandoah Valley with a collective African American population of 17.5% which is higher than the national 12.6% rate and a Hispanic population of 19.5% which is greater than the national rate of 16.9%. The most urban area, Prince William County, is only 30 miles from Washington D.C. This locality is the most racially and ethnically diverse of all of the localities in People Incorporated’s service areas with a 21% Hispanic and Latino population and a 20% African American population.⁴⁹ Rappahannock County is the least diverse in the Northern Piedmont region with a white population of 92%.⁵⁰

TABLE 20: NORTHERN PIEDMONT SERVICE AREA POPULATION⁵¹

Jurisdiction	Population, 2013	Population, 2014	% change 2013-2014
Culpeper	47,330	47,910	1.23%
Fauquier	66,015	66,726	1.08%
Manassas	39,317	40,436	2.85%
Manassas Park	15,125	14,992	-0.88%
Prince William	416,668	428,772	2.90%
Rappahannock	7,448	7,446	-0.03%
Total	591,903	606,282	2.43%

It is important to consider the specific areas where the population growth is occurring. Baby Boomers are hitting their retirement years and Millenials are taking over as the largest portion of the nation’s population. While this trend is holding true for the service area as a whole, there are some distinct differences between the various areas. Rappahannock is one important exception. The county is seeing a significant decline in seniors due to a lack of services. Culpeper, Fauquier, and Rappahannock are all

⁴⁹ U.S. Census Bureau. American Community Survey, 2014 .

⁵⁰ Ibid.

⁵¹ U.S. Census Bureau American Community Survey 5-Year Estimates 2009-2013 and 2010-2014

seeing declines in the under 18 population.⁵² Much of this corresponds to a decline in population among those aged 30 to 44 who would be their parents. Lack of affordable housing, employment, and services are all contributing factors.

Growth patterns in the Prince William County area are stronger and more consistent. There is strong growth both among children and seniors, consistent with national trends in part because of the availability of resources to provide for these specific populations.

America's Promise Alliance named Prince William County as one of the 100 Best Communities for Young People for three years in a row due, in large part, to the county's many resources for the population.⁵³ However, challenges remain in meeting the needs of youth in the community. These include:⁵⁴

- The lack of transportation services to pick up and return children means access to programs and services is limited.
- Youth programs depend on adult volunteers to develop and manage activities and to be coaches, advisors, mentors, teachers, tutors, counselors, scout leaders, etc.
- Physical space for youth activities is insufficient too few to meet the demands ranging from sports fields and courts to meeting locations.
- Developing and sustaining youth activities and services is costly. Grant proceeds are limited along with the time needed to complete complex grants by agencies/organizations with limited resources.

Economy

Localities in People Incorporated's Northern Piedmont service area, including the counties of Culpeper, Fauquier, Prince William, Rappahannock, and the cities of Manassas and Manassas Park, exhibit socioeconomic barriers more representative of urban areas due to the fact that they are contiguous to a metropolitan area, and experience an associated higher cost of living such as higher rent and housing costs, and higher taxes but lack the associated higher incomes.

Some of the localities in this region exhibit relatively high Cost of Living Rates⁵⁵ that exceed 100% (U.S. rate). The cost of living in the small town of Manassas ranges widely from 92.7 to 103. Manassas Park has a more narrow range between 96.7 and 98.9. Portions of Prince William County have an index as high as 101, but most range near 97. The remainder of the Northern Piedmont service area is below the national average rate of 100%. Prince William, Culpeper and Fauquier counties are slightly below at 97.08, 96.91 and 98.56 respectively. Rappahannock is the lowest at 84.25.

And while the poverty levels remain lower comparatively and the majority of median incomes of these localities exceed those of the U.S. and Virginia (Rappahannock is below the state median income), the Cost of Living Index becomes a great equalizer. Higher income levels do not always reflect greater

⁵² U.S. Census Bureau American Community Survey 2010 and 2010-2014

⁵³ Greater Prince William Community Needs Assessment 2015, p. 30.

⁵⁴ *Ibid*, p. 32.

⁵⁵ City-Data.com

discretionary income when one is living in a locality that has a higher cost of living. According to the Weldon Cooper Center, University of Virginia, “percentages below the federal poverty line fails to present a full picture of households facing economic risks...does not reflect variation across the state and within communities ... [and] reports only one element of household economic security.”

These localities have experienced population growth in the last several years due to the rural beauty of the area and close proximity to major cities such as Richmond VA, Washington D.C. and harbor-based Baltimore, MD. They have access to major highways, which makes transporting produce, products, and manufactured goods to larger cities efficient. Thus Retail and Accommodation/Food Service industrial sectors are among the largest employers in these areas, as well as supportive services that are consistent with more densely populated localities such as education, health care/social assistance and construction. And these localities’ close proximity to Washington D.C. means that many of these residents work for the federal government, as well as local and state. In all locations, however, the majority of government workers are employed with the local government.

TABLE 21: INDUSTRY EMPLOYMENT DISTRIBUTION 2ND QUARTER 2015 – NORTHERN PIEDMONT REGION⁵⁶

Industry Sector	Culpeper	Fauquier	Manassas	Manassas Park	Prince William	Rappahannock
Agriculture, Forestry, Fishing and Hunting	191	387	0	0	59	39
Mining	65	56	*	0	92	0
Utilities	*	105	0	0	358	0
Construction	977	2225	1839	886	12736	103
Manufacturing	1215	930	2157	153	1843	72
Wholesale Trade	477	439	406	177	2770	12
Retail Trade	2437	2934	2171	174	21850	134
Transportation/Warehousing	231	197	284	*	2042	*
Information	375	122	90	16	1453	140
Finance/Insurance	220	457	363	21	1992	17
Real Estate	131	281	296	48	1588	10
Professional, Scientific, and Technical	783	1724	3109	123	8799	68
Management of Companies/Enterprises	32	181	141	*	773	*
Administrative and Support	665	514	1620	220	6352	43
Educational Services	60	426	762	*	1336	81
Health Care and Social Assistance	2280	2659	3549	56	11118	60
Arts, Entertainment and Recreation	205	393	188	30	2891	*
Accommodation and Food Services	1232	2132	2039	69	13270	241
Other Services	654	1114	883	177	4173	67
Government	3319	4217	2860	754	27312	324
TOTALS	15,549	21,493	22,757	2,904	122,807	1,411

* Non-disclosable data

⁵⁶ Virginia Employment Commission, Summary Area Profile, Quarterly Census of Employment and Wages (QCEW), 2nd Qtr. 2015

Poverty

Due to the large population in the Northern Piedmont service area, this area has the largest concentration of people in poverty of any of the service areas. Although the poverty rates remain below national averages, Manassas exceeds the state average for the population as a whole and for children. Rappahannock also exceeds the state average for children. However, Culpeper and Manassas Park have a larger portion of seniors living in poverty.

TABLE 22: POVERTY IN NORTHERN PIEDMONT REGION⁵⁷

State and County	All Ages Percent	Ages 5-17 Percent	Under 5 Percent	65+ Percent
United States	15.60%	20.30%	24.90%	9.40%
Virginia	11.50%	14.00%	17.40%	7.60%
Culpeper	9.70%	12.40%	8.00%	12.40%
Fauquier	5.80%	6.20%	9.40%	5.40%
Manassas	12.30%	17.20%	21.30%	5.90%
Manassas Park	9.30%	12.20%	10.70%	9.40%
Prince William	6.50%	9.10%	9.50%	3.30%
Rappahannock	10.70%	17.20%	14.50%	3.80%

Only two locations within the Northern Piedmont service area have seen an increase in median income since 2010: Rappahannock County and Manassas.⁵⁸

Unemployment

Throughout the United States, unemployment rates have been decreasing. The 2015 unemployment rate for the U.S. in December 2015 was 4.8%⁵⁹, while the unemployment rate for Virginia was 3.9%.⁶⁰

Typically, the unemployment rate in the Northern Piedmont service area is below the national rate, and this holds true for rates in December 2015. In fact, all areas are below the state unemployment rate except for Rappahannock County. As shown in the table below, the only increase in the region occurred in Rappahannock County from 4.2% to 4.5%. Unemployment is almost a full percentage point higher than any other part of the Northern Piedmont region.

⁵⁷ U.S. Census Bureau, American Community Survey 5-Year Estimates 2010-2014

⁵⁸ U.S. Census Bureau, American Community Survey 5-Year Estimates 2010 and 2010-2014

⁵⁹ Virginia Employment Commission. Community Profiles. Last retrieved February 2016 from <https://data.virginialmi.com>

⁶⁰ Ibid

TABLE 23: UNEMPLOYMENT RATES IN NORTHERN PIEDMONT⁶¹

Jurisdiction	Unemployment Rate (Dec 2014)	Unemployment Rate Dec 2015	% Change 2014 - 2015
US	5.40%	4.80%	-0.60%
Virginia	4.50%	3.90%	-0.60%
Culpeper	4.30%	3.60%	-0.70%
Fauquier	3.80%	3.30%	-0.50%
Manassas	4.10%	3.50%	-0.60%
Manassas Park	3.80%	3.50%	-0.30%
Prince William	4.20%	3.50%	-0.70%
Rappahannock	4.20%	4.50%	0.30%

Housing

People Incorporated’s Northern Piedmont service area has approximately 206,822 housing units. As shown in the table below, the median house values for this region are greater than those in the Southwest Virginia service area and exceed some of the localities in the Northern Shenandoah Valley. The housing cost burden is the best indicator of affordability for the region. According to this, Manassas Park is the least affordable.

TABLE 24: RELEVANT HOUSING STATISTICS FOR NPR(2014)⁶²

Category	Culpeper	Fauquier	Manassas	Manassas Park	Prince William	Rappa-hannock	Virginia
Total housing units	17,869	25,905	13,232	4,895	141,002	3,919	3,403,241
Occupied units	16,436	23,162	12,274	4,526	134,737	3,281	3,041,710
% vacant	8.02%	10.59%	7.24%	7.54%	4.44%	16.3%	10.62%
% built before 1990	52.7%	65.0%	72.8%	50.9%	50.1%	71.8%	66.7%
Lacking complete plumbing and/or kitchen	158	241	193	17	1,151	0	31,770
Median house value	\$243,400	\$351,900	\$157,500	\$222,300	\$323,400	\$383,700	\$243,500
Median household income	\$65,235	\$92,078	\$71,215	\$73,460	\$98,514	\$59,753	\$64,792
Per capita income	\$28,076	\$41,394	\$28,646	\$28,054	\$37,440	\$37,211	\$33,958
Housing cost burden ⁶³	36.96%	28.56%	37.47%	40.32%	33.18%	28.65%	32.64%

Rappahannock County is a unique case where the cost of purchasing a new home is unaffordable; however, the housing cost burden for the county is the second lowest in the region. This is because housing values are very high (10.5% are valued at \$1 million or more) in the county due to the large

⁶¹ Ibid

⁶² U.S. Census Bureau American Community Survey 5-Year Estimate 2010-2014

⁶³ Community Action Partnership. Community Needs Assessment Online Tool. Last retrieved February 2016 from www.communitycommons.org.

acreage and tight building restrictions. However, this is coupled with the fact that most homes have been owned by families for multiple generations resulting in 48% of homes being without a mortgage. This financial structure may not be sustainable long-term, however, as the population shifts and a lack of economic opportunities change the demographic composition of the county. Although the county has the highest percentage of vacant housing units, 75% of those are vacant because they are for seasonal use. The remaining vacancies are due to the units being for sale or reserved for migrant farm workers. The lack of vacant housing in the county leaves little room for people to move in and out as their needs change or to find housing that better suits their lifestyle or income.

Quality of housing is another concern. This is represented by two factors. The first is the housing lacking complete plumbing and kitchen facilities. While this is an extreme measure of housing conditions, the fact that more than 1,000 units of housing in Prince William County cannot meet this minimum standard is a cause for concern. The margin of error in the Census sample means that it could even be higher. It also means that Rappahannock County is also likely to have an issue with this problem as well.

The second is the age of the housing stock. The table above briefly identifies the percent built before 1990. This housing is now at least 26 years old and is unlikely to be easily adaptable to meet the needs of an aging population. Manassas and Rappahannock have a large portion of historic housing, each with more than 70% of their total housing having been built prior to 1990, a good deal of it before 1930. Culpeper and Prince William County have the most modern housing stock.⁶⁴

Long-term suitability and sustainability is a factor in determining the proper mix of housing in a community. For seniors, maintenance costs can become an issue for older homes. In addition, older homes are generally not adaptable to accommodate their needs as they age in place including such features as wider doorways for wheelchairs or walkers or a first floor bedroom. Prince William County, Manassas Park, and Culpeper County have the largest portion of newer homes inhabited by seniors. Rappahannock County and Manassas have the largest portion of seniors living in older housing stock. The lack of new housing, particularly that designed specifically designed to meet the needs for seniors and the disabled will limit the localities' ability to accommodate this rapidly growing population.

Housing is one of the most basic human needs, yet stable housing is unattainable for many because of its cost. According to the Out of Reach 2015 Report from The National Low Income Housing Coalition, the Northern Virginia region, which includes Manassas, Manassas Park, Prince William County, and Fauquier County, is the most expensive housing market in the commonwealth where the housing wage to rent a two-bedroom unit is \$28.04. This is based on an analysis of the cost to rent a unit at the Fair Market Rent, which is determined by the U.S. Department of Housing and Urban Development. Statewide, the wage is \$21.10. Virginia is the 11th most expensive state for housing costs according to the report. The housing wage in Culpeper is \$18.73. In Rappahannock County, the required wage is \$20.31.

⁶⁴ U.S. Census Bureau American Community Survey 5-Year Estimates, 2010-2014

Unaffordable housing leads to a multitude of problems. Overcrowding occurs when families combine to share housing costs. Other households live in inferior units because the rent is cheaper and are often afraid to require landlords to make basic repairs for fear of triggering rent increases. And others end up homeless when their limited incomes cannot keep up with monthly rent payments.

2013 and Culpeper's Affordable Housing Needs Assessment (June 2013), the need for affordable housing, particularly for those in the lowest income bracket (\$0 - \$27,770), is very evident. Data comprised in both of these publications confirms there is a large gap in affordable housing for these populations, who are typically the most at-risk populations in these localities. The Summary for the Greater Prince William Community Needs Assessment 2013 states: "There is really only one priority for housing – regardless of economic status, housing opportunities must be available. Affordable rental housing opportunities are lacking in the GPWA for extremely low income households, the elderly and those with disabling conditions. Housing units other than single family detached or townhomes must be considered."⁶⁵ And according to data collected for the Culpeper Affordable Housing Needs Assessment, "the rental market supports the conclusions of stakeholders that the largest unmet needs in the region are for two and three bedroom family units renting for \$400 - \$600 per month and single-room occupancy."⁶⁶

Homelessness continues to be an issue in all service areas and will remain so as long as housing affordability remains an issue. The Point in Time Count is a nationwide annual measurement of homelessness in communities. However, many homeless people are not counted because they may have had a place (bed) to stay in the day of the count, but were homeless at other times during the year. "Experts believe that the realistic number any place in the United States is actually *at least* 2.5 times the number identified in a Point in Time count. ... Many homeless do not wish to be identified; others may be working, hospitalized or unavailable. It must also be noted that this count no longer includes people who are living in situations with 2 or 3 families in one home or people who are living in motels."⁶⁷ Prince William area CoC declined from 445 to 409 while Foothills Housing Network (part of Balance of State CoC includes Orange and Madison Counties) declined from 159 to 143.

Within the greater Prince William area, as of December 2014, the Community Needs Survey identifies 191 transitional housing beds, including 191 for families; 207 emergency shelter beds, including 121 for families; and 106 permanent supportive housing beds, including 59 for families. These are spread throughout the county and operated by 11 different organizations.

Education

Although this area has the highest average percentage of population that has obtained a diploma, GED, or higher (85.5%), the region also holds a high percentage of children not ready for kindergarten that

⁶⁵ Greater Prince William Community Needs Assessment 2013. Coalition for Human Services. www.pwchs.org

⁶⁶ Culpeper Affordable Housing Needs Assessment submitted to Virginia Dept of Housing and Community Development. June 2013

⁶⁷ Ibid.

exceeds the Commonwealth of Virginia’s rate of 12.9% (29.6% in Manassas, 17.0% in Rappahannock, 16.2% in Fauquier, 14.8% in Manassas Park, and 14.6% in Prince William).

TABLE 25: SELECTED EDUCATIONAL STATISTICS

Jurisdiction	Students Approved for Free or Reduced Lunch ⁶⁸ SY 2014-2015	2014 Population w/High School Diploma/GED or higher ⁶⁹	Below Kindergarten Readiness Levels (PALS-K) ⁷⁰ 2014-2015	Dropout Rate, Class of 2015 ⁷¹
NPR Average	43.73%	85.47%	17.60%	5.35%
Culpeper	45.92%	84.10%	12.80%	4.70%
Fauquier	24.37%	91.20%	16.20%	2.20%
Manassas	57.43%	82.70%	29.60%	7.90%
Manassas Park	61.21%	81.10%	14.80%	8.70%
Prince William	40.51%	89.60%	14.60%	5.90%
Rappahannock	32.93%	84.10%	17.0% (2013-14)	2.70%
Virginia	42.03%	87.90%	12.90%	5.20%

Health

Access to healthcare as well as affordability are ongoing concerns in the Northern Piedmont region where population growth is outpacing expansion of medical services. Prince William is the only area for which there is no shortage of any type of medical professionals according to the U.S. Department of Health and Human Services data analysis. However, the region’s own assessment reveals otherwise. Although there are more resources available within the county and for residents of Manassas and Manassas Park as well, the rapidly growing population and increased demand have overwhelmed the system. Prince William County Community Services, the public agency primarily responsible for outpatient mental health and substance abuse treatment for those with low incomes and/or who have no health insurance has a lengthy waiting list for services, far exceeding their capacity and funding.

Rappahannock County has only two doctors and one nurse practitioner within the county. There are no dentists or mental health practitioners. Most of the residents are forced to go outside the county for services. Culpeper and Fauquier have a much wider array of services; however, there are still limited resources for mental health issues, particularly for children and adolescents. This includes those that are publicly provided or privately available.

⁶⁸ VA Dept of Education. National School Lunch Program (NSLP) Free or Reduced Price Eligibility Report. SY 2014-2015. Last retrieved February 2016.

⁶⁹ www.census.gov. American Community Survey 2010-2014.

⁷⁰ Kids Count Data Center. Kindergarteners Whose Fall Pals-K scores were below Kindergarten Readiness Levels. SY 2014-2015. Last retrieved February 2016.

⁷¹ Virginia Department of Education. Division-Level Cohort Report, Four Year Rate *Class of 2015*. Last retrieved February 2016 from <http://www.doe.virginia.gov>.

TABLE 26: HEALTH RELATED STATISTICS⁷²

Jurisdiction	Shortage of Health Care Providers	Shortage of Dental Professionals	Shortage of Mental Professionals
Culpeper	No	No	Yes
Fauquier	No	No	Yes
Manassas	No	No	No
Manassas Park	No	No	No
Prince William	Yes	Yes	Yes
Rappahannock	No	No	Yes

Mental health disorders were ranked as the top priority concern by focus group participants during the Culpeper Regional Hospital Needs Assessment.⁷³ They specifically noted an increase in mental health issues, inadequate resources, suicide rates, and co-occurring substance abuse issues. Access to health care was the #2 concern for focus group participants in the Culpeper hospital study because of, among other things, a lack of insurance and an insufficient number of providers.⁷⁴ Dental health ranked as #4, also due to a lack of providers.

The following table shows the percentage of the population that is uninsured as of 2014. This is before the majority of the benefits of the Affordable Care Act took effect in 2015 when health insurance was mandated for all. Therefore, it is expected that the uninsured population has decreased since then, but the data is not available at this time. Culpeper and Fauquier counties are the only locations with rates below the state average. Those below poverty are significantly more likely to be uninsured despite the fact that many of them have access to Medicaid.

⁷² U.S. Department of Health and Human Services. *HPSA Shortage areas by State and County*. Last updated April 2012. Last retrieved February 2016 from hpsafind.hrsa.gov.

⁷³ 2014 PRC Community Health Needs Assessment Report Sponsored by Culpeper Regional Hospital, p. 14

⁷⁴ 2014 PRC Community Health Needs Assessment Report Sponsored by Culpeper Regional Hospital, p. 14

TABLE 27: ADULT POPULATION WITHOUT MEDICAL INSURANCE⁷⁵

Report Area	Total Population (For Whom Insurance Status is Determined)	Total Uninsured Population	Percent Uninsured Population	Percent Uninsured Under Age 18	Percent Uninsured Under 138% of Poverty
Culpeper County	46,275	5,589	12.10%	6.20%	29.70%
Fauquier County	66,261	6,761	10.20%	4.50%	27.30%
Prince William County	420,411	56,576	13.46%	14.60%	31.60%
Rappahannock County	6,357	903	14.20%	N/Av	33.00%
Manassas City	40,338	8,799	21.81%	12.80%	40.20%
Manassas Park City	14,898	3,598	24.20%	13.20%	46.10%
Virginia	7,972,925	968,444	12.10%	5.90%	26.30%
United States	309,082,258	43,878,131	14.20%	7.10%	25.60%

The Community Needs Assessment for the Greater Prince William County Area⁷⁶ cites a 2013 community-wide survey of health concerns that ranked the top 10 public health topics for residents in the county as well as Manassas and Manassas Park. These were: cost of healthcare, obesity, access to healthy foods, drug abuse, aging issues, mental health issues, dental care, alcohol abuse, lack of exercise, child abuse/neglect, and distracted driving. In Prince William County specifically, the top two concerns remained the same, but aging issues were ranked as the third priority and healthy foods and mental health tied for fourth place. Drug use was the top priority in Manassas Park. Among other distinctive differences, gang involvement and family planning ranked ninth and tenth in Manassas.

The needs assessment prepared for the Fauquier Health Foundation asked respondents to not just identify problems, but also offer solutions to the healthcare issues facing the community, which includes Fauquier and Rappahannock counties.⁷⁷ Among these were:

- Develop a five-county strategy
- Identify the gaps in services and resources.
- Collaboration among nonprofits for fundraising and intervention.
- Provide education information about available resources.
- Start early with health education for children.

Obesity

Obesity is a growing problem in the United States. Please see the table below for adults who can be considered obese in the Northern Piedmont region. BMI is based on height and weight. This indicator is relevant because excess weight is a prevalent problem in the U.S.; it indicates an unhealthy lifestyle and

⁷⁵ U.S. Census Bureau 5-Year Estimates 2010-2014. Last retrieved February 2016.

⁷⁶ An Assessment of Community Needs For Prince William County and the Cities of Manassas and Manassas Park For the years 2015 and 2016, p. 5.

⁷⁷ A Community Health Needs Assessment Prepared for Fauquier Health and Fauquier Health Foundation, May 2014, p.12

puts individuals at risk for further health issues. Statistics in red show localities that exceed both state and national levels.

As shown in the table below, 25.55% of adults aged 20 and older have a Body Mass Index (BMI) greater than 30.0 (obese) in this area. Excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. Statistics in red show localities that exceed both state and national levels.

TABLE 28: OBESITY IN ADULTS

Localities	2012 Total Population Age 20+	2012 Adults with BMI > 30.0 (Obese) ⁷⁸	2012 Percent Adults with BMI > 30.0 (Obese)
Report Area	425,287	110,253	25.55%
Culpeper County	34,328	10,367	29.70%
Fauquier County	48,616	12,397	24.70%
Prince William County	297,079	74,864	24.90%
Rappahannock County	5,909	1,560	25.80%
Manassas City	28,335	7,792	27.20%
Manassas Park City	11,020	3,273	29.60%
Virginia	6,097,732	1,666,682	27.10%
United States	231,417,834	63,336,403	27.14%

Adult Obesity and Child Obesity also rank among the highest of identified community health concerns in the areas served by the Fauquier Health Foundation according to the Community Health Needs Assessment⁷⁹ prepared for Fauquier Health and Fauquier Health Foundation by Community Health Solutions in May 2014. The areas included in this report are the counties of Fauquier and Rappahannock. Other top identified community health concerns include substance abuse, diabetes and mental health issues. Top health needs gaps in this area, also identified by this report, include behavioral health services, aging services, health insurance coverage, early intervention services for children, and homelessness.

Teen Births

The table below shows the rate of births to teenager 15-19 per 1,000 females of same population. High rates of teen pregnancy can indicate the prevalence of unsafe sexual activities and/or lack of sex education; it also provides us with a telling indicator of associated social, economic and health services that may be required. Numbers in red indicate those teen birth rates exceeding Virginia’s rate of 20.1.

⁷⁸ U.S. Census Bureau 5-Year Estimates 2010-2014. Last retried February 2016.

⁷⁹ A Community Health Needs Assessment Prepared for Fauquier Health and Fauquier Health Foundation By Community Health Solutions, May 2014.

TABLE 29: TEEN BIRTHS

Report Area	2013 Female Population Age 15 - 19 ⁸⁰	2013 Births to Mothers Age 15 - 19	2013 Teen Birth Rate (Per 1,000 Population)
Report Area	20,361	380	18.7
Culpeper County	1,466	33	22.5
Fauquier County	2,315	26	11.2
Prince William County	14,498	273	18.8
Rappahannock County	204	0	0
Manassas City	1,387	48	34.6
Manassas Park City	491	0	0
Virginia	263,763	5,300	20.1
United States	10,312,774	273,105	26.5

Infant Mortality

The table below provides the rate of deaths to infants less than one year of age per 1,000 births. High rates of infant mortality can indicate the existence of or lack of access to care and maternal and child health and education. The numbers in red indicate a higher than 2020 target of 6.0%.

TABLE 30: INFANT DEATH RATES

Report Area	2010 Total Births ⁸¹	2010 Total Infant Deaths	2010 Infant Mortality Rate (Per 1,000 Births)
Report Area	44,375	273	6.15
Culpeper County	3,295	23	7.1
Fauquier County	4,030	23	5.8
Prince William County	32,715	200	6.1
Rappahannock County,	360	2	5.6
Manassas City	3,030	19	6.3
Manassas Park City	945	6	6.8
Virginia	528,615	3,753	7.1
United States	20,913,535	136,369	6.52
HP 2020 Target			<= 6.0

A telling community indicator that provides some insight and a potential risk factor into the community health needs identified in the Community Health Needs Assessment for the counties of Fauquier and

⁸⁰ Health Indicators Warehouse from National Center for Health Statistics www.healthindicators.org

⁸¹ Community Commons. Community Health Needs Assessment. Infant Mortality 2010

Rappahannock is that there is a higher rate of births without early prenatal care than the state of Virginia; and in 2012, the study region had 925 pregnancies⁸².

Substance Abuse

People Incorporated’s Northern Piedmont service localities showed both increases and decreases in drug arrests between 2010 and 2014, but the changes in the crime rate did not seem to have a cohesive trend through the period. While the juvenile arrests for drug/narcotics offenses decreased (except for the Greater Prince William area), arrests for Adults increased dramatically. Prince William County had the smallest increase of 3%, while the City of Manassas rose 231%.

Attention is drawn to Adult Substance Abuse in this community assessment due to the negative impact this has on the children residing in this region. According to “VDSS Research Brief: Parent Substance Abuse and Foster Care Entry by Region in Virginia”, the Northern Virginia Region (10/15/2010), approximately 16% of all children entering the Foster Care system are there because of parental drug abuse. Substance abuse remains a growing problem, not only in the Northern Piedmont region (see table below), but the rest of the state and nation as well. This means that there is a growing population of children being placed in foster care which can have a long-lasting, detrimental impact on children. Children that have a parent with a substance abuse problem may retain lasting behavioral, medical, emotion, educational and psychiatric consequences. It is imperative that parents and children receive early intervention and attention with substance abuse issues in order to prevent future poor family outcomes.

TABLE 31: NPR SUBSTANCE ABUSE RELATED STATISTICS

Locality	Drug/Narcotics offenses 2010 Adults	Drug/Narcotics offenses 2010 Juvenile	Drug/Narcotics offenses 2014 Adults ⁸³	Drug/Narcotics offenses 2014 Juvenile	Increase/Decrease % Adult
Culpeper	226	20	351	16	55%
Fauquier	364	21	385	4	6%
Manassas	93	16	308	21	231%
Manassas Park	86	1	95	21	10%
Prince William	1620	205	1672	233	3%
Rappahannock	28	1	40	3	43%

According to the Prince William County Needs Assessment, drug abuse is the fourth highest health concern in the region. A focus group convened for the Culpeper Health Foundation Community Health Needs Assessment Report identified tobacco use and heroin addiction as two of the top four concerns for youth in the area.⁸⁴

⁸²A Community Health Needs Assessment 16Prepared for Fauquier Health and Fauquier Health Foundation By Community Health Solutions, May 2014.

⁸³ Virginia State Police. Crime in Virginia 2014. Drug/Narcotic Offenses by County/City

⁸⁴ 2014 PRC Community Health Needs Assessment Report Sponsored by Culpeper Regional Hospital, p. 195

Children with Disabilities

TABLE 32: CHILDREN WITH DISABILITIES IN NPR⁸⁵

Jurisdiction	Children with disabilities Pre-K through G12 SY 2015-16
NPR Average	12%
Culpeper	9.51%
Fauquier	13.46%
Manassas	12.97%
Manassas Park	11.5%
Prince William	11.54%
Rappahannock	12.98%
Virginia	12.47%

The above table shows that on average 12% or more of our school age children are disabled in some way. This presents many challenges for these families residing in this region.

According to the Greater Prince William Community Needs Assessment 2015, local resources are becoming scarcer even as the need for support services for this population grows. Still, the area has been able to maintain success with its Early Intervention (EI) services for children provided through Prince William Community Services. In FY14, 58% of the children who completed EI services did not require Special Education preschool services with the three local school divisions once enrolled in school. “The number of children receiving service coordination has increased by 32% since 2009, while the number of children receiving therapy and education services for the same time period has increased by 47%. The program has a wait list for therapy and education services at times during the year with spring and summer being the busiest times.”⁸⁶

Providing for individuals with disabilities as they age is an even greater problem. One of the highest priority concerns for adults is housing. “As of January 30, 2015 there were 498 people with disabilities waiting for a rental assistance voucher (Section 8) according to the Prince William Office of Housing and Community Development. Prince William Disability Services Board (DSB) continues to identify this area as a major concern. Persons with intellectual disabilities must have Medicaid Waiver to be considered for group home placement for the very limited number of slots that become available. There are currently 99 adults on the critical wait list for Medicaid Waiver from our community, many of whom require residential placements.”⁸⁷

⁸⁵ VA Department of Education, Students with Disabilities. Fall Membership for the Commonwealth of VA SY 2015-2016. Last retrieved February 2016.

⁸⁶ Greater Prince William Community Needs Assessment 2015, p. 19.

⁸⁷ Greater Prince William Community Needs Assessment 2015, p. 20.

HEAD START AND EARLY HEAD START CHILDREN

Please note that People Incorporated does not provide Head Start or Early Head Start Services in its Northern Shenandoah Valley or Northern Piedmont service areas—Skyline CAP operates the Head Start program in Page, Shenandoah, and Warren Counties and Apple Country Head Start operates the program in Frederick and Clarke Counties. The Early Head Start program is currently not available in Clarke, Frederick, Page, Shenandoah, and Warren Counties. Skyline CAP also operates the Head Start program for Rappahannock County in the Northern Piedmont Region (no EHS provided), Fauquier Community Action Committee Inc. operates the Head Start program for Fauquier County (no EHS provided), Prince William County Public Schools operates Head Start in Prince William County and City of Manassas,; Northern Virginia Family Services (NVFS) operates Early Head Start in the City of Manassas, and Culpeper Human Services operates Head Start and child care within Culpeper County (no EHS provided).

As a Head Start and Early Head Start grantee and child care provider in Southwest Virginia, People Incorporated understands that the number of children aged 5 years and younger living in the service area is an important factor in the agency’s ability to maintain funded enrollment and services for low-income children and their families. The number of children aged 0-5 living in the Southwest service area has decreased 6% over the past decade. The City of Bristol has experienced the largest decrease in child population at 16%. Russell County’s child population is essentially unchanged. Continued significant population loss in the 0-5 age group has the potential to negatively affect the Head Start and childcare programs operated by the agency.

Head Start enrollment nationwide has declined from its peak in 2002, and many grantees have reported difficulty maintaining full enrollment on a local level. People Incorporated has not been immune to these difficulties.

TABLE 33: POPULATION UNDER FIVE IN SWVA

Jurisdiction	Children under 5, 2000	Children Under 5 In Poverty 2013 estimate	Population Children under 5, 2014 ⁸⁸	Under 5 % change, 2000-2014
Buchanan Co.	1,114	450	1,034	-7%
Dickenson Co.	875	294	839	-4%
Russell Co.	1,549	477	1,552	0%
Washington Co.	2,725	779	2,588	-5%
Bristol	1,099	411	919	-16%
Total	7,362	2,411	6, 932	-6% average

ESTIMATE OF ELIGIBLE CHILDREN AND FAMILIES

The number of children on waiting lists for Head Start and Early Head Start services within People Incorporated’s SWVA service area currently totals 69 children. The greatest number of wait-listed

⁸⁸ *Census.gov; American Fact Finder, 2010-2014 American Community Survey 5-Year Estimates

children is from the following Head Starts: Abingdon Head Start in the Town of Abingdon has 6 children waiting, Bristol Head Start and Benhams Head Start in the City of Bristol have 13 children waiting, and Fox Meadows Head Start in Russell County has 6 children waiting. Within People Incorporated’s center-based Early Head Start programs, a total of 26 children are currently wait-listed. Given the socioeconomic characteristics of the proposed service areas, a substantial number of additional children and families living in Southwest Virginia, the Northern Shenandoah Valley and the Northern Piedmont region would likely be eligible for the Early Head Start and Head Start program. Further, the total number of teen pregnancies (962)⁸⁹ in Southwest Virginia, the Northern Shenandoah Valley and the Northern Piedmont regions suggest that a significant number of infants and toddlers, as well as their families, could benefit from the expansion of Early Head Start services.

TABLE 34: ESTIMATE OF HEAD START ELIGIBLE CHILDREN IN SWVA

Location	A Population 3 to 5 HS age eligible	B Population under 18 disabled	C Population 3 to 5 estimated to be disabled A*B	D % of enrolled children eligible for free/reduced lunch (2013- 2014)	E Population under 3 up to 5 estimated to be income- eligible for HS A*D	Children in SWVA eligible for Head Start program
Buchanan	414	26.94%	112	68.1%	282	394
Dickenson	336	27.54%	93	55.93%	188	281
Russell	621	25.79%	160	55.89%	347	507
Washington	1,035	17.81%	184	45.93%	475	659
Bristol	368	20.8%	77	64.92%	239	316
Totals	2,774		626		1,531	2,157

The population estimate is derived from taking a percentage (40%) of the population age 0 to 5 in the localities. Birth rate for the past five years has been taken into consideration for these estimates and has been found to not have changed significantly over the past five years. By taking the population estimate and multiplying by the percentage of population under 18, we find that an estimated 626 of Head Start Eligible children have some disability. When the population is multiplied by the percentage of children who are eligible for free or reduced lunch, there are 1,531 children that are Head Start Eligible. Combining these calculations, there are 2,157 Head Start eligible children in the SWVA area.

⁸⁹ Virginia Department of Health. Health Statistics/Statistical Reports and Tables. *City/County Health Profiles*, 2013. Last retrieved February 2016 from <http://www.vdh.virginia.gov/healthstats/stats>.

TABLE 35: EARLY HEAD START ELIGIBLE CHILDREN ESTIMATE IN SWVA

Location	A Population under 3 – EHS age eligible	B Population under 18 disabled	C Population under 3 estimated to be disabled A*B	D % of enrolled children eligible for free/reduced lunch (2013-2014) ⁹⁰	E Population under 3 estimated to be income-eligible for EHS A*D	Children in SWVA eligible for Early Head Start program
Buchanan	620	26.94%	167	68.1%	422	589
Dickenson	503	27.54%	138	55.93%	281	419
Russell	931	25.79%	240	55.89%	520	760
Washington	1,553	17.81%	277	45.93%	713	990
Bristol	551	20.8%	115	64.92%	358	473
Totals	4,158		937		2,294	3,231

From the above statistics, there are approximately 3,231 EHS-eligible children in the Southwest Virginia region. There are approximately 2,294 children income-eligible and an additional 937 that are estimated to be disabled.

TABLE 36: EARLY HEAD START ELIGIBLE CHILDREN ESTIMATE IN NSV

Location	A Population under 3 – EHS age eligible	B Population under 18 disabled ⁹¹	C Population under 3 estimated to be disabled A*C	D % of enrolled children eligible for free/reduced lunch (2013-2014) ⁹²	E Population under 3 estimated to be income-eligible for EHS A*D	Children in NSV eligible for Early Head Start program
Clarke	428	4.23%	18	19.94%	85	103
Frederick	2,888	3.68%	106	34.37%	993	1099
Page	761	1.99%	15	50.85%	387	402
Shenandoah	1,462	3.79%	55	44.36%	649	704
Warren	1,363	5.62%	77	41.03%	559	636
Totals	6,902		216		2,673	2,944

From the above project statistics, we can surmise that there is a large population of EHS-eligible children, projections totaling 2,944, in the Northern Shenandoah Valley region to support Early Head Start programs in these areas which are currently unavailable. There are approximately 2,673 children income-eligible and an additional 216 that are estimated to be disabled.

⁹⁰ Virginia Department of Education; School Division 2014-2015

⁹¹ Comprehensive Community Needs Assessment (CCNA) Tool; last retrieved Feb 19, 2016
<http://www.communitycommons.org/groups/community-action-partnership/>

⁹² Virginia Department of Education; School Division 2014-2015

According to the Skyline Community Action Program's Community Assessment, Shenandoah and Warren Counties have hundreds (349 & 360, respectively) of underserved four year olds. Also according to that assessment, preschool service slots are beginning to become an issue as the state and local communities invest more money into early childhood education.

TABLE 37: EARLY HEAD START ELIGIBLE CHILDREN ESTIMATE FOR NPR

Location	A. Population under 3 – EHS age eligible	B. Population under 18 disabled	C. Population under 3 estimated to be disabled A*C	D. % of enrolled children eligible for free/reduced lunch (2014-2015)	E. Population under 3 estimated to be income-eligible for EHS A*D	Children in NPR eligible for Early Head Start program
Culpeper	1900	2.0%	38	43.73%	831	869
Fauquier	2293	2.7%	62	24.37%	559	621
Manassas	2057	2.9%	60	24.37%	501	561
Manassas Park	607	3.2%	19	61.21%	371	391
Prince William	20,732	2.6%	539	61.21%	12,690	13,229
Rappahannock	211	2.6%	5	32.93%	69	75
Totals	27,799		723		15,021	15,745

From the above project statistics, we can surmise that there is a large population of EHS-eligible children, projections totaling 13,229, in the Northern Piedmont Region to support Early Head Start programs in these areas where it is currently unavailable. There are approximately 15,021 children income-eligible and an additional 723 that are estimated to be disabled. Early Head Start is only offered in Culpeper, Manassas, and Prince William County. Within the remaining counties, there is a total need of 1,086 EHS children who are not served by this program.

The Northern Shenandoah Valley and the Northern Piedmont regions already have Head Start programs and grantees in place. Many of the counties in these People Incorporated’s service area do not have access to an Early Head Start/ECE program; this can be addressed with regional community partners.

EARLY CHILDHOOD EDUCATION, CHILD CARE, AND FAMILY SUPPORT SERVICES

The availability, quality and affordability of Early Childhood Education and childcare are a cause for concern for families nationwide. The ability of families to find and maintain employment or to access educational and training opportunities largely depends on their access to Early Childhood Education (ECE) /childcare that is responsive to their needs. In short, parents must have access to a dependable source of care to pursue those opportunities that best allow them to provide for themselves and their children. Unfortunately, the market in People Incorporated’s service area is largely unable to address the ECE/ childcare needs of low-income working families.

The Virginia Department of Social Services is the licensing agent for day care centers, and all licensed day care centers must meet standards promulgated by the Child Day Care Council. These standards are designed to ensure that licensed childcare providers provide safe, nurturing, and healthy environments for the children in their care.

SOUTHWEST VIRGINIA

Fee-for-service childcare centers are common in Washington County and the City of Bristol, although many low-income parents are unable to afford them without subsidy. People Incorporated offers Early Head Start services with wrap-around, full day, and fee-for-service childcare/ECE in Dickenson County at the Dickenson Child Care Center. Childcare fees at this center are subsidized with department of social services Child Care Development Block Grant (CCDBG) vouchers, which help low-income parents have access to quality childcare.

Table 35: ECE/Childcare capacity in SWVA lists the licensed childcare centers and pre-Kindergarten classrooms in People Incorporated's Southwest Virginia service area. The dominant sources of ECE in the service area are Head Start/Early Head Start centers operated by People Incorporated and neighboring grantees, while the pre-K programs are offered by the local school systems. People Incorporated does not currently operate any Head Start or Early Head Start centers in the Northern Shenandoah Valley or the Northern Piedmont region but the agency is, by far, the largest and most developed ECE /childcare provider in Southwest Virginia.⁹³

The pre-K/ECE programs offered by local school systems serve the greatest number of children eligible for the Head Start program in the service area. The pre-K/ECE programs target "at-risk" four-year-old children, are free to qualified families, and are widely dispersed throughout the service area. People Incorporated has become accustomed to decreases in the number of four-year old children enrolled in Head Start each year due to the recent expansions of the local pre-K programs. We are currently developing plans to work more closely with all school systems in our service area to identify, recruit, and enroll children who are eligible for pre-school programs such as Head Start and pre-K/Virginia Preschool Initiative (VPI). Increased collaboration will improve communication between the competing sources of childcare/ECE for low-income and at-risk children, and enable the greatest number of children to be served.

⁹³ Skyline CAP operates the Head Start program for Page, Rappahannock, Shenandoah, and Warren Counties; Apple Country Head Start operates the Head Start program in Frederick and Clarke Counties; Fauquier Community Action Committee Inc. operates the Head Start program in Fauquier County; and Northern Virginia Family Services (NVFS) operates Head Start and Early Head Start programs in Prince William County, the City of Manassas and the City of Manassas Park.

TABLE 38: ECE/CHILDCARE CAPACITY IN SWVA⁹⁴

County	School/Day Care Center	Capacity (# of Available Slots)	Ages Served
BUCHANAN COUNTY, VIRGINIA			
	Council Head Start Center	25	3 years - 5 years 11 months
	Garden Head Start Center	25	3 years - 5 years 11 months
	Hurley Head Start Center #1	25	3 years - 5 years 11 months
	Hurley Head Start Center #2	25	3 years - 5 years 11 months
	Buchanan Head Start #1	25	3 years - 5 years 11 months
	Buchanan Head Start #2	25	3 years - 5 years 11 months
	Buchanan County Early Head Start	20	Prenatal - 3 years
	Whitewood Head Start Center	25	3 years - 5 years 11 months
	Riverview Head Start	24	3 years - 5 years 11 months
	BUCHANAN CO. TOTAL	199	
DICKENSON COUNTY, VIRGINIA			
	Dickenson Co. Child Care Center	64	1 month - 12 years 11 months
	Dickenson Co. Early Head Start	19	6 weeks - 3 years
	Clintwood Head Start Center	40	2 years 6 months - 5 years 11 months
	Haysi Head Start Center	36	2 years 6 months - 5 years 11 months
	DICKENSON CO. TOTAL	159	
RUSSELL COUNTY, VIRGINIA			
	Bright Beginnings Child Care	34	Birth – 12 years 11 months
	Castlewood Head Start	10	3 years - 5 years
	Fox Meadows Head Start Center	17	3 years - 5 years 11 months
	Swords Creek Head Start Center	17	3 years - 5 years 11 months
	Russell County Early Head Start	10	Prenatal - 3 years
	Givens Child Development Center	17	3 years - 5 years 11 months
	RUSSELL CO. TOTAL	105	
WASHINGTON COUNTY, VIRGINIA			
	Abingdon Head Start	54	3 years - 5 years
	Victory Children's Center	105	1 month - 12 years 11 months
	Abingdon Early Head Start	20	6 weeks - 3 years
	Kiddie Care College	77	1 year 10 months - 12 years 11 months
	Miss Amy's Child Care	61	1 year 10 months - 7 years 11 months

⁹⁴ Virginia Department of Social Services. Licensed Child Day Care. Last retrieved February 2016 from <http://www.dss.virginia.gov>.

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Emory and Henry's Busy Little Bee's Child Development Center	20	1 year 6 months - 12 years 11 months
Kids Are Special Christian Day Care	45	2 years - 12 years 11 months
Benhams Head Start Center	48	3 years - 5 years 11 months
Damascus Head Start Center	17	3 years - 5 years 11 months
Sullins Academy Preschool/Children's Center	50	2 years 6 months - 12 years 11 months
Abingdon Child Development Center	60	3 years - 5 years 11 months
Boys & Girls Club – Abingdon Unit	100	5 years – 12 years 11 months
Glade Spring Head Start	34	3 years – 5 years 11 months
Hayter's Gap Head Start Center	17	3 years - 5 years 11 months
Hayter's Gap Early Head Start Center	10	Prenatal - 3 years
Washington County Early Head Start	8	Prenatal - 3 years
Washington County Head Start	10	3 years - 5 years
High Point Elementary	100	4 years – 12 years 11 months
WASHINGTON CO. TOTAL	836	
CITY OF BRISTOL, VIRGINIA		
APPLE Academy of Central Presbyterian Church	100	1 month - 12 years 11 months
Childcare Network #123	99	1 month - 12 years 11 months
Boys & Girls Club – Bristol Unit	250	5 years – 12 years 11 months
Creative Learning Center	120	2 years 6 months - 5 years 11 months
Bristol Child Development Center	90	1 month - 5 years 11 months
Bristol Head Start	54	Prenatal - 5 years
Bristol Early Head Start	10	6 weeks - 3 years
Nurtury Development Child Care and Pre-School	50	Birth - 12 years 11 months
Girls Inc of Bristol	149	5 years – 12 years 11 months
CITY OF BRISTOL TOTAL	922	
TOTAL NUMBER OF ECE /CCare SLOTS	2,221	

These centers have the capacity to serve a total of 946 infants and toddlers (under age 3) while there are approximately 4,158 children age-eligible for EHS/ECE programs (based on an estimate that 3/5 of the population under five are 3 years and younger). Birth rate for the past five years has been taken into consideration for these estimates and has been found to have no significant impact on these estimates.

TABLE 39: ECE AND CHILD CARE CAPACITY ESTIMATE IN THE SWVA

Location	Pop under 5 (2010-2014 Estimates) ⁹⁵	Licensed Child Day Care Facilities ⁹⁶	Licensed Child Day Care Capacity ⁹⁷	Licensed Child Day Care Facilities Serving EHS-age Children ⁹⁸	Licensed Child Day Care Capacity to serve EHS-age Children
Buchanan	1,034	9	219	1	20
Dickenson	839	4	159	2	83
Russell	1,552	6	105	2	44
Washington	2,588	18	836	9	396
Bristol	919	9	922	6	403
Totals	6,932	46	2,241	20	946

From these statistics, we can also conclude that there are almost 4,700 children under the age of 5 who may not have access to affordable child care.

NORTHERN SHENANDOAH VALLEY

Head Start programs are currently provided to Clarke and Frederick counties through Apple Country Head Start and to Page, Shenandoah and Warren counties by Skyline Community Action Program. There are currently no Early Head Start programs available for these counties.

Only 43 childcare centers in the Northern Shenandoah Valley service area are licensed to provide services for children between the ages of birth and three years old (see Table 38 below). These centers have the capacity to serve a total of 3,806 infants and toddlers (under age 3) while there are approximately 7,667 children age-eligible for EHS/ECE programs (based on an estimate that 3/5 of the population under five are 3 years and younger).

TABLE 40: ECE AND CHILD CARE CAPACITY ESTIMATE IN THE NSV

Location	Pop under 5 (2009 – 2013 Estimates) ⁹⁹	Licensed Child Day Care Facilities ¹⁰⁰	Licensed Child Day Care Capacity ¹⁰¹	Licensed Child Day Care Facilities Serving EHS-age Children ¹⁰²	Licensed Child Day Care Capacity to serve EHS-age Children
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⁹⁵ U.S. Census Bureau. American Fact Finder. Last retrieved February 2016 from <http://www.census.gov>.

⁹⁶ Virginia Department of Social Services. 2015. Licensed Child Day Care. Last retrieved February 2016 from <http://www.dss.virginia.gov>.

⁹⁷ Ibid.

⁹⁸ An EHS-age child is defined as an infant or toddler age three-years-old or younger.

⁹⁹ U.S. Census Bureau. American Fact Finder. Last retrieved February 2016 from <http://www.census.gov>.

¹⁰⁰ Virginia Department of Social Services. 2016. Licensed Child Day Care. Last retrieved February 2016 from <http://www.dss.virginia.gov>.

¹⁰¹ Ibid.

¹⁰² An EHS-age child is defined as an infant or toddler age three-years-old or younger.

Clarke	713	10	497	4	278
Frederick	4,813	36	2,097	17	1,719
Page	1,268	12	335	3	64
Shenandoah	2,437	22	1,212	9	823
Warren	2,271	16	1,438	10	922
Totals	11,502	96	5,579	43	3,806

From these statistics, we can also concur that there are almost 6,000 children under the age of 5 who may not have access to affordable child care.

TABLE 41: ECE/CHILDCARE CAPACITY IN NSV¹⁰³

County	School/Day Care Center	Capacity (# of Available Slots)	Ages Served
Clarke County			
	Apple Country Head Start	18	3- 5 yrs 11 mos
	Heritage Child Development Center	110	1 mos - 12 yrs 11 mos
	Keystone Baptist Church	30	3 yrs - 5 yrs 11 mos
	Loudoun Parks and Rec	80	2 yrs - 12 yrs 11 mos
	Ms Violah Lee	12	1 mos - 12 yrs 11 mos
	Village Montessori School at Bluemont	48	2 yrs - 11 yrs 11 mos
	Life in the Word Church of Jesus Christ	66	1 yr 3 mos - 12 yrs 11 mos
	Powhatan School	20	3 yrs 10 mos - 12 yrs 11 mos
	Wee Angels Weekday Programs for Children	90	1 mos - 7 yrs 11 mos
	D. G Cooley Pre-K*	23	Pre-K
	Clarke County TOTAL	497	
Frederick County			
	Abundant Life Church	225	birth - 10 yrs 11 mos
	Apple Country Head Start - Senseny Rd	54	3 yrs - 5 yrs 11 mos
	Children of America - Stephens City	213	1 mos - 12 yrs 11 mos
	Eukarya Family Center	85	2 mos - 12 yrs 11 mos
	Legacy Christian Fellowship	15	4 yrs - 4 yrs 11 mos
	Macedonia United Methodist Church	34	3 yrs - 5 yrs 11 mos
	Ms Caroline Watson	12	1 mos - 12 yrs 11 mos
	Gisella Quevedo	12	1 mos - 12 yrs 11 mos
	Redland United Methodist Church	107	2 mos - 12 yrs 11 mos
	Sharon's Centre for the Education of Young children - Stephens City	88	1 yr 4 mos - 12 yrs 11 mos

¹⁰³ Virginia Department of Social Services. 2015. Licensed Child Day Care. Last retrieved February 2016 from <http://www.dss.virginia.gov>

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Shenandoah Valley Baptist Church	10	2 yrs - 5 yrs 11 mos
Stephs City United Methodist Church	40	3 yrs - 5 yrs 11 mos
Apple Country Head Start - Poux Ctr	36	3 yrs - 5 yrs 11 mos
Busy Beez Daycare	44	1 mos - 12 yrs 11 mos
Church of Christ at Mt. View	135	2 mos - 10 yrs 11 mos
Greenway Spirit and Word Fellowship	64	2 yrs 6 mos - 10 yrs 11 mos
Lighthouse Baptist Church	158	2 mos - 5 yrs 11 mos
Rebecca Glasgow	12	1 mos -2 yrs 11 mos
Judy Tingle	12	2 mos - 2 yrs 11 mos
Sharon's Centre for Education of Young Children - Senseny Rd	320	1 yr 4 mos - 12 yrs 11 mos
Shenandoah University Child Care Ctr	75	birth - 12 yrs 11 mos
Super Smarticles Think Tank	25	3 yrs 6 mos - 9 yrs 11 mos
Tot Spot	50	birth - 11 yrs 11 mos
Winchester Montessori	125	1 yr 4 mos - 12 yrs 11 mos
Growing Patch	46	1 mos - 5 yrs 11 mos
Winchester Grace Brethren Church*	27	Pre-K
Apple Ridge Elementary*	4	Pre-K
Armel Elementary*	10	Pre-K
Bass Hoover Elementary*	7	Pre-K
Evendale Elementary*	6	Pre-K
Greenwood Mill Elementary*	15	Pre-K
Indian Hollow Elementary*	8	Pre-K
Middleton Elementary*	6	Pre-K
Orchard View Elementary*	3	Pre-K
Redbud Run Elementary*	8	Pre-K
Stonewall Elementary*	6	Pre-K
Frederick County TOTAL	2097	
Page County		
Leakes Chapel Church of Brethren	25	3 yrs - 4 yrs 11 mos
Donna Pettit	12	birth - 12 yrs 11 mos
Mt. Carmel Christian Academy Preschool	52	3 yrs - 12 yrs 11 mos
St. Mark Lutheran Church	55	2 yrs 6 mos - 12 yrs 11 mos
Luray United Methodist Church Preschool	36	4 yrs - 5 yrs 11 mos
Mable Frye	12	1 mos - 12 yrs 11 mos
Skyline CAP - Grove Hill [#]	36	3 yrs - 5 yrs 11 mos
Weezies Wonderful World	40	1 yr 4 mos - 12 yrs 11 mos
Luray Elementary*	23	Pre-K
Shenandoah Elementary*	1	Pre-K
Springfield Elementary*	18	Pre-K
Stanley Elementary*	21	Pre-K

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Page County TOTAL		331	
Shenandoah County			
Antioch Church of Brethren	30	3 yrs - 5 yrs 11 mos	
Faith Lutheran Church	20	2 yrs 6 mos - 5 yrs 11 mos	
Master's Touch Church/Beg Child Care Ctr	49	2 mos - 12 yrs 11 mos	
Christine Richards	12	2 yrs - 12 yrs 11 mos	
Mary Franklin	12	birth - 12 yrs 11 mos	
Pollywog Place - Woodstock	95	1 mos - 5 yrs 11 mos	
Reformation Lutheran Church	22	3 yrs - 5 yrs 11 mos	
Skyline CAP - HS- Emmanuel Lutheran Church [#]	33	3 yrs - 5 yrs 11 mos	
Woodstock Presbyterian Church	25	3 yrs - 5 yrs 11 mos	
Bizee Bees Preschool	20	2 yrs 6 mos - 6 yrs 11 mos	
Grasshopper Green Preschool	30	3 yrs - 5 yrs 11 mos	
Amy Lutz	12	1 mos - 5 yrs 11 mos	
Deborah Plaughter	12	2 yrs - 12 yrs 11 mos	
Mt. Calvary Lutheran Church	48	1 mos - 11 yrs 11 mos	
Polliwog Place - Strasburg	108	1 mos - 10 yrs 11 mos	
Shenandoah Valley Adventist Elementary School	41	3 yrs - 5 yrs 11 mos	
St. Paul Lutheran Church	263	2 mos - 5 yrs 11 mos	
Valley Baptist Church Daycare	100	2 mos - 12 yrs 11 mos	
Woodstock United Methodist Church	136	2 mos - 11 yrs 11 mos	
Ashby Lee Elementary*	45	Pre-K	
Sandy Hook Elementary*	33	Pre-K	
WW Robinson Elementary*	66	Pre-K	
Shenandoah County TOTAL		1212	
Warren County			
Angel's Corner Day Care - Commerce Ave	99	birth - 12 yrs 11 mos	
Apple Dumpling Day Care	140	birth - 12 yrs 11 mos	
First Baptist Church/Teresa C Nethers	81	2 mos - 12 yrs 11 mos	
Front Royal United Methodist Church	117	2 mos - 5 yrs 11 mos	
Meadowland Learning Ctr	125	birth - 12 yrs 11 mos	
Dawn Sullivan	5	1 mos - 12 yrs 11 mos	
Riverton United Methodist Church	60	3 yrs - 5 yrs 11 mos	
Angel's Corner Day Care - Braxton Rd	100	birth - 12 yrs 11 mos	
Dynamic Life Ministries	320	2 yrs - 9 yrs 11 mos	
Front Royal First Church of the Nazarene	54	3 yrs - 12 yrs 11 mos	
Little Rugratz Daycare	50	1 yrs 4 mos - 12 yrs 11 mos	
Mt. Laurel Montessori School	140	1 yr 4 mos - 12 yrs 11 mos	
New Hope Bible Church	65	1 mos - 5 yrs 11 mos	
Skyline CAP - Warren County Head Start [#]	38	3 yrs - 5 yrs 11 mos	

E Wilson Morrison Elementary*	28	Pre-K
Ressie Jeffries Elementary*	14	Pre-K
Warren County TOTAL	1436	

*Based on number enrolled (2014-2015) rather than capacity.

#Based on Skyline Community Action Program, Inc. Head Start Updated Community Assessment for March 1, 2015-February 28, 2016

NORTHERN PIEDMONT

Head Start programs are provided to Rappahannock County through Skyline Community Action Program and to Culpeper County through Culpeper Human Services; Fauquier Community Action Committee Inc. currently operates Head Start in Fauquier County. No Early Head Start is available at this time in Rappahannock or Fauquier counties. Prince William County Public Schools provide Head Start services in Prince William County, the City of Manassas and the City of Manassas Park. Northern Virginia Family Services (NVFS) provides Early Head Start in Manassas.

The following table identifies all of the programs within the area that provide educational services to students from birth through five years of age. This does not, however, include daycare provided in private homes. Hundreds more children are served through this means within the area. There are also other facilities that provide before and after school care to elementary-age children. These are not included in the table.

TABLE 42: ECE AND CHILD CARE CAPACITY IN NORTHERN PIEDMONT REGION

Facility	Total Capacity	Ages Served
Culpeper County		
Culpeper Assembly of God Church	68	2 years 6 months - 5 years 11 months
Culpeper Baptist Church	83	2 years 6 months - 12 years 11 months
Culpeper County Child Care	35	18 months – 5 years
Culpeper Human Services Head Start	208	1 month - 5 years 11 months
Culpeper Montessori Children's Community	28	2 years 6 months - 6 years 11 months
Culpeper United Methodist Church	30	3 years - 5 years 11 months
Epiphany Catholic School/Precious Blood Catholic Church	82	3 years - 12 years 11 months
Hazel River Assembly of God/Hazel River Kids Care	45	2 years - 12 years 11 months
Rainbow Child Care Center - Culpeper	191	Birth - 12 years 11 months
Total	2227	
Fauquier County		
Boxwood School	15	3 years - 8 years 11 months
Central Head Start Center	103	3 years - 5 years 11 months
Children of America - Bealeton	174	1 month - 12 years 11 months
Children of America - Warrenton	209	1 month - 12 years 11 months
Episcopal Church of Leeds Parish	18	3 years - 5 years 11 months
Fauquier CAC Head Start - H. M. Pearson	18	3 years - 5 years 11 months
Fresta Valley Christian School	30	3 years - 5 years 11 months
Highland School	275	2 years - 12 years 11 months
Jack and Jill Childcare Center of Warrenton	87	2 years - 12 years 11 months
Lois Atkins Head Start Center	36	3 years - 5 years 11 months

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Maplewood Child Care Center	80	1 year 4 months - 6 years 11 months
Marshall United Methodist Church	40	3 years - 5 years 11 months
Meadowbrook Child Development Ctr	70	1 month - 12 years 11 months
Middleburg Montessori School	38	1 year 4 months - 6 years 11 months
Midland Church of the Brethren	28	3 years - 6 years 11 months
Miss Linnie Dale's Preschool	60	1 year 4 months - 6 years 11 months
Mountainside Montessori School	102	1 year 6 months - 12 years 11 months
Piedmont Child Care Center	87	1 month - 12 years 11 months
Remington United Methodist Church	30	2 years 6 months - 5 years 11 months
Southern Fauquier Child Development Center	50	2 years - 12 years 11 months
St. James Episcopal Church	130	2 years 6 months - 9 years 11 months
St. John the Evangelist Church	70	2 years 5 months - 5 years 11 months
St. Stephen's Episcopal Church	50	2 years 6 months - 5 years 11 months
Wakefield School	125	3 years - 12 years 11 months
Walnut Grove Academy	150	Birth - 12 years 11 months
Walnut Grove CDC #3	60	Birth - 5 years 11 months
Walnut Grove Child Care Center #4	82	Birth - 12 years 11 months
Warrenton Baptist Church	100	2 years - 12 years 11 months
Warrenton Church of Christ	40	2 years - 5 years 11 months
Warrenton Presbyterian Church	45	2 years - 5 years 11 months
Warrenton United Methodist Church	138	6 months - 5 years 11 months
Total	2990	
Manassas		
All Saints School	90	4 years - 12 years 11 months
Alpha-Bet Preschool	50	3 years - 5 years 11 months
Apple Tree Preschool & Academy #47	341	Birth - 12 years 11 months
Carousel Child Development Center	150	Birth - 12 years 11 months
Childtime Learning Center 1052	214	1 month - 12 years 11 months
Freedom Aquatic and Fitness Center Preschool/Summer Camp	200	3 years - 12 years 11 months
Georgetown South EHS CDC	40	1 month - 3 years 11 months
Grace Children's Learning Center	200	1 month - 6 years 11 months
La Petite Academy	160	1 month - 12 years 11 months
Learning Tree Academy	100	1 month - 12 years 11 months
Manassas Baptist Church	117	2 years 6 months - 5 years 11 months
Manassas Christian Academy	142	Birth - 12 years 11 months
Minnieland Academy AT Technology	130	Birth - 12 years 11 months
Minnieland Academy at Wellington	300	Birth - 12 years 11 months
Renaissance Montessori School	60	1 year - 12 years 11 months
Robert Day Child Care Center	25	Birth - 12 years 11 months
SERVE Early Head Start Development Center	16	Birth - 3.0 years 11.0 months
Seven Oaks Academy, Inc.	200	Birth - 12 years 11 months
St. Thomas United Methodist Church	150	1 month - 5 years 11 months
Venus Childcare & Learning Center	148	1 month - 12 years 11 months
Total	2833	
Manassas Park		
123abc Little Learners' Academy	90	Birth - 12 years 11 months
Costello Park Preschool and Preschool Camp Program	150	3 years - 5 years 11 months

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Manassas Christian School	300	4 years 6 months - 12 years 11 months
The Compass School of Manassas	248	1 month - 12 years 11 months
The Merit School of Manassas Park	233	Birth - 12 years 11 months
Total	1021	
Prince William County		
4 R's Preschool	26	3 years - 5 years 11 months
Above & Beyond Child Care	40	1 month - 5 years 11 months
BADR Community Center of Dumfries	15	1 month - 12 years 11 months
Ben Lomond Community Center	56	3 years - 5 years 11 months
Bethel Evangelical Lutheran Church	58	2 years 6 months - 5 years 11 months
Bethlehem Lutheran Church	45	2 years 6 months - 5 years 11 months
Bristow Montessori School	193	1 month - 12 years 11 months
Cardinal Montessori School	198	3 years - 12 years 11 months
Caterpillar Clubhouse	212	1 month - 12 years 11 months
Chesterbrook Academy	147	1 month - 12 years 11 months
Chesterbrook Academy #809 Gainesville	150	1 month - 12 years 11 months
Chesterbrook Academy #819	153	1 month - 12 years 11 months
Children of America - Manassas	154	1 month - 12 years 11 months
Children of America Prince William	226	1 month - 12 years 11 months
Children of America- Manassas Bull Run	241	1 month - 12 years 11 months
Children of America-Woodbridge	239	Birth - 12 years 11 months
Chinn Aquatics and Fitness Center	45	2 years 6 months - 5 years 11 months
Christ Chapel Assembly of God	360	3 months - 12 years 11 months
Church On The Move	150	1 month - 12 years 11 months
Church of the Word	75	2 years 6 months - 5 years 11 months
Clairmont School & Child Care Center	116	1 month - 12 years 11 months
Cloverdale School	112	2 years - 8 years 11 months
Creme de la Creme	300	1 month - 12 years 11 months
Dale City Baptist Church	110	2 years 6 months - 5 years 11 months
Dale City Christian Church	225	1 month - 10 years 11 months
Daytime Playtime Enrichment Center LLC	104	2 years - 10 years 11 months
Discovery Learning Center	140	2 years 6 months - 12 years 11 months
Ebenezer Baptist Church	65	1 month - 12 years 11 months
Ebenezer Presbyterian Church	55	6 months - 5 years 11 months
Emmanuel Baptist Church	57	3 years - 12 years 11 months
Epiphany Lutheran Church	55	3 years - 6 years 11 months
Evangel Baptist Church	70	3 years - 12 years 11 months
First Baptist Church of Woodbridge	208	Birth - 10 years 11 months
First Church of the Nazarene	126	1 month - 12 years 11 months
First United Presbyterian Church of Dale City	85	2 years 6 months - 5 years 11 months
Freedom Fellowship Church	30	2 years 6 months - 5 years 11 months
Garden School	38	3 years - 12 years 11 months
Good Shepherd Lutheran Church	30	2 years 6 months - 5 years 11 months
Good Shepherd United Methodist Church	64	3 years - 5 years 11 months
Grace Christian Church	65	2 years - 12 years 11 months
Greater Mount Calvary Christian Church	120	1 month - 12 years 11 months
Greenwich Presbyterian Church	18	3 years - 5 years 11 months
Haymarket Baptist Church	127	2 years 6 months - 5 years 11 months

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Holy Family Catholic School	140	2 years 6 months - 12 years 11 months
Hope Aglow Empowerment Church	75	1 month - 12 years 11 months
ImagiNation Learning Center	117	1 month - 11 years 11 months
Joseph Storehouse Ministries	165	4 years - 12 years 11 months
Joseph Storehouse Ministries	79	2 years - 12 years 11 months
Joseph Storehouse Ministries	79	Birth - 4 years 11 months
Kiddie Academy of Gainesville	182	1 month - 12 years 11 months
KinderCare Learning Center #1808	150	1 month - 12 years 11 months
KinderCare Learning Center #301044	99	1 month - 12 years 11 months
KinderCare Learning Center #301616	180	1 month - 12 years 11 months
KinderCare Learning Center at Braemar	140	1 month - 12 years 11 months
KinderCare Learning Center at Lake Ridge	136	1 month - 12 years 11 months
KinderCare Learning Center at Sudley Manor	120	1 month - 12 years 11 months
Kindercare Learning Center #1107	140	1 month - 12 years 11 months
La Petite Academy - Dumfries	154	1 month - 12 years 11 months
Lake Manassas Academy	240	
Lake Ridge Baptist Church	106	2 years 6 months - 5 years 11 months
Lake Ridge Creative Preschool	62	3 years - 12 years 11 months
Linton Hall Preschool and Extended Day Program	116	2 years 6 months - 12 years 11 months
Little Lambs	71	1 month - 12 years 11 months
Little Rocketeers Child Care	59	Birth - 12 years 11 months
Manassas Presbyterian Church	176	1 year 6 months - 5 years 11 months
Minnieland Academy At Montclair	160	Birth - 12 years 11 months
Minnieland Academy At Ashland	203	1 month - 12 years 11 months
Minnieland Academy At Braemar	190	Birth - 12 years 11 months
Minnieland Academy At Bristow	211	Birth - 12 years 11 months
Minnieland Academy At Cardinal	155	1 month - 12 years 11 months
Minnieland Academy At Cloverdale	244	Birth - 12 years 11 months
Minnieland Academy At Dominion Valley	200	Birth - 12 years 11 months
Minnieland Academy At Gainesville	164	Birth - 12 years 11 months
Minnieland Academy At Heritage Hunt	210	Birth - 12 years 11 months
Minnieland Academy At Rippon	108	Birth - 12 years 11 months
Minnieland Academy At The Glen	313	Birth - 12 years 11 months
Minnieland Academy at Dale City	105	2 years 6 months - 12 years 11 months
Minnieland Academy at Heathcote	187	Birth - 12 years 11 months
Minnieland Academy at Occoquan	260	Birth - 12 years 11 months
Montessori of Gainesville - Casa dei Bambini	133	1 year 6 months - 12 years 11 months
Muriel Humphrey Child Care Center	75	1 month - 12 years 11 months
Nikki's Christian Daycare Center	150	1 month - 12 years 11 months
Nikki's Christian Daycare Pams Place	56	1 year 4 months - 12 years 11 months
Noah's Ark Christian Preschool	75	1 month - 12 years 11 months
Nokesville Church of the Brethren	45	3 years - 12 years 11 months
Old Bridge United Methodist Church	50	2 years - 5 years 11 months
Paty-Kake Preschool and Childcare Center	105	2 years - 12 years 11 months
Primrose School of Bristow	184	1 month - 12 years 11 months
Prince William Academy	200	1 month - 12 years 11 months
Proverbs Place Child Care & Learning Center	90	1 year - 9 years 11 months
Rainbow Station At Haymarket	326	Birth - 12 years 11 months

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Rising Stars Daycare	35	1 month - 6 years 11 months
Riverview Baptist Church	120	1 month - 12 years 11 months
STEM Tot Academy, LLC	79	1 month - 12 years 11 months
Seven Oaks Academy II	130	Birth - 12 years 11 months
Sharron Baucom Dale City Recreation Center	124	1 month - 12 years 11 months
St. Clare EDP-St. Francis of Assisi School	150	3 years - 12 years 11 months
St. Matthew's Lutheran Church	120	3 years - 5 years 11 months
St. Paul United Methodist Church	70	2 years 11 months - 5 years 11 months
St. Paul's Anglican Church	80	2 years - 9 years 11 months
St. Paul's Anglican Church	134	3 years - 5 years 11 months
Star Bethlehem Missionary Baptist Church	40	1 month - 3 years 11 months
Star Bethlehem Missionary Baptist Church	90	3 years - 12 years 11 months
The Children's Center of Manassas, LLC	144	1 month - 12 years 11 months
The Galaxy School	120	1 month - 12 years 11 months
The Goddard School	136	1 month - 12 years 11 months
The Goddard School	138	1 month - 12 years 11 months
The Learning Experience	167	1 month - 12 years 11 months
The Learning Experience	166	1 month - 10 years 11 months
The Life Church VA	121	1 month - 11 years 11 months
The Little Gym of Gainesville	30	3 years - 8 years 11 months
The Merit School of Prince William	136	2 years 6 months - 12 years 11 months
Veterans Park	24	3 years - 5 years 11 months
Victory Christian Preschool & Academy	150	1 month - 12 years 11 months
Willowcreek Academy	140	1 month - 12 years 11 months
Winwood Children's Center IV	200	1 month - 10 years 11 months
Wonderful Virginia Academy, LLC	141	1 month - 12 years 11 months
Woodbridge Play-Care	48	1 year 4 months - 12 years 11 months
Word Performance Church	60	Birth - 12 years 11 months
Total	15483	
Rappahannock County		
Child Care & Learning Center	90	Birth - 12 years 11 months
Hearthstone School	12	3 years - 6 years 11 months
Baby Bear Preschool	12	Birth - 12 years 11 months
Skyline CAP Head Start - Rappahannock [#]	17	3 years - 5 years 11 months
Wakefield Country Day School, Inc.	50	3 years - 6 years 11 months
Total	181	

[#]Based on Skyline Community Action Program, Inc. Head Start Updated Community Assessment for March 1, 2015-February 28, 2016

TABLE 43: ECE AND CHILD CARE CAPACITY ESTIMATE IN NORTHERN PIEDMONT REGION

Location	Pop under 5 (2014) ¹⁰⁴	Children with Disabilities Pre-K through 12 th Grade ¹⁰⁵	Children in Poverty ¹⁰⁶	Licensed Child Day Care Facilities ¹⁰⁷	Licensed Child Day Care Capacity ¹⁰⁸	Licensed Child Care Facilities Serving EHS-age Children ¹⁰⁹	Licensed Child Day Care Capacity to serve EHS-age Children ¹¹⁰
Culpeper	3,167	817	253	16	2,227	4	135
Fauquier	3,821	1390	359	34	2,990	13	238
Manassas	3,428	1019	730	20	2833	16	652
Manassas Park	1,011	378	108	5	1021	3	131
Prince William	34,553	8670	3283	22	15458	82	2791
Rappahannock	351	105	51	6	182	2	23
Totals	46,331	12,379	4,784	251	24,711	119	3,972

Since EHS-age children are defined as an infant or toddler aged three years or younger, it can be estimated that 3/5 of the population of children five and under are EHS-age eligible. Thus, it can be estimated that 3,172 children are EHS-age eligible in Fauquier and Rappahannock counties while there are currently only 261 child care slots available for this age group in these localities.

The Northern Shenandoah Valley and the Northern Piedmont regions already have Head Start programs and grantees in place. Many of the counties in People Incorporated’s service area do not have access to an Early Head Start/ECE program; this can be addressed with regional community partners.

OTHER AVAILABLE RESOURCES IN AGENCY SERVICE AREAS

DEPARTMENT(S) OF SOCIAL SERVICES

A local division of the Virginia Department of Social Services serves each locality in the service area. Qualified families can receive some or all of the following services through their local department of social services: auxiliary grants to rest home residents; counseling services; child care; emergency assistance; companion services; Medicaid; fuel assistance; Virginia Initiative for Employment not

¹⁰⁴ U.S. Census Bureau. American Community Survey 5-Year Estimates, 2010-2014, Last Retrieved February 2016.

¹⁰⁵ VA Department of Education, Special Education Child Count VA SY 2014-2015. Last retrieved February 2016.

¹⁰⁶ U.S. Census Bureau. American Community Survey 5-Year Estimates, 2010-2014, Last Retrieved February 2016.

¹⁰⁷ Virginia Department of Social Services. Licensed Child Day Care. Last retrieved February 2016 from

<http://www.dss.virginia.gov>.

¹⁰⁸ Ibid.

¹⁰⁹ An EHS-age child is defined as an infant or toddler age three-years-old or younger.

¹¹⁰ These numbers are estimates assuming an even distribution of children among the various age levels served by the facility.

Welfare (VIEW); surplus commodities; foster care; adoption services; Supplemental Nutrition Assistance Program (SNAP); Women, Infants, and Children (WIC); Family Access to Medical Insurance Security (FAMIS); Temporary Assistance for Needy Families (TANF) and general relief.

HEALTH DEPARTMENTS

A local branch of the Virginia Department of Health serves each locality. The county health departments strive to protect and promote community health through the provision of free and low-cost health services. The health department is a primary source of health care for much of the Head Start and Early Head Start population. Each local health department offers some or all of the following services: well baby care; breast and cervical cancer early detection programs; children's specialty services; dental clinic; diabetes control project; family planning clinic; general medical clinic (for adults); HIV/AIDS education; health education activities; immunizations for children age 0-5; injury prevention; prenatal clinic; sanitation services; well child clinic; and the women, infant and children program (WIC).

MENTAL HEALTH SERVICES PROVIDERS

Head Start and Early Head Start families are generally eligible to obtain needed mental health services through state funded Community Services Boards (CSB). Even for the population that does not have children, services will not be denied due to a family's inability to pay. The CSBs utilize sliding fee cost scales to provide services for individuals with emotional, family, or daily living problems and alcohol or drug abuse. Community Service Boards are the single point of entry for the Virginia public mental health system. They generally provide comprehensive services addressing mental health, intellectual disability, substance abuse and treatment, consultations, counseling services, and referrals for families living throughout each area they serve, and accept Medicaid and private insurance as payment for services. Unfortunately, the CSBs are generally understaffed and people have to wait many months for their initial appointments, leading to increased hospitalizations and suicides.

SUBSTANCE ABUSE SERVICE PROVIDERS

According to the Substance Abuse and Mental Health Services Administration (SAMHA), a division of the U.S. Department of Health and Human Services there are several substance abuse treatment providers that serve the Southwest Virginia region including Highlands Community Services, Frontier Health, Comprehensive Community Services, and Cumberland Mountain Community Services Board Substance Abuse Program. In the Shenandoah Valley region, there is the Northwestern Community Services Board Mental Health and Substance Abuse Services, Winchester Addiction Services PLC, Council on Alcoholism Lord Fairfax Community Inc, Bridging the Gaps, Inc., and Potomac Highlands Guild to provide substance abuse services to residents. Within the Northern Piedmont service area, there are several substance abuse treatment providers, including but not limited to, Fairfax/Falls Church Community Services Board, Family Focus Counseling Service PC, Rappahannock Area Community Services Board, Behavioral Healthcare/Fauquier, and Region Ten Community Services Board. These providers offer a variety of services including inpatient and outpatient treatment for long- and short-term treatment, holistic approaches, therapy, as well as day treatment.

COMMUNITY ACTION AGENCIES

People Incorporated is the designated Community Action Agency for the five jurisdictions that comprise the agency's Southwest Virginia Head Start and Early Head Start service area. As previously mentioned, Skyline CAP is the community action agency that provides the Head Start program for Page, Shenandoah, Warren, and Rappahannock counties; Fauquier Community Action Committee Inc provides Head Start for Fauquier County; Prince William County Public Schools provides Head Start services for Prince William County and Manassas; Northern Virginia Family Services provides Early Head Start for City of Manassas; Culpeper Human Services provides Head Start in Culpeper County; and Apple Country Head Start serves children and families in Frederick and Clarke Counties.

People Incorporated offers child and family services, workforce development, housing, community economic development, and other community service programs. Children and families served in the Head Start and Early Head Start program have full access to the variety of other services offered by People Incorporated (subject to eligibility criteria). People Incorporated is the leading advocate for children and families in the service area, and has a long history of providing economically disadvantaged people with opportunities to improve their lives, their families and their communities.